Risk Factors for Revision Surgery Following Uncemented Radial Head Arthroplasty for Unreconstructible Radial Head Fractures: Minimum 3-Year Follow-up

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Purpose: The purposes of this study were to assess the revision rate following radial head arthroplasty (RHA) and to determine risk factors associated with revision surgery.

Methods: A total of 122 patients with 123 RHAs (mean age 50.7 years [range, 18-79]) who underwent RHA for unreconstructible radial head fractures (RHFs) between 1994 and 2014 and were at least 3 years out from surgery were included. Demographic variables, injuryand procedure-related characteristics, radiographic findings, complications, and revision procedures were assessed. Cox regression analysis was performed to identify risk factors that are associated with revision surgery following RHA.

Results: The median follow-up for the study cohort was 7.3 years (interquartile range, 5.1-10.1). All patients had unreconstructible RHFs of which type Mason/Johnston IV were the most prevalent (80; 65.0%). One or more associated osseous or ligamentous injury was seen in 89 elbows (72.4%). The median time to surgery was 7.0 days (interquartile range, 3.0-11.0). Implanted RHAs were categorized as rigidly fixed (65; 52.8%) or loosely fixed (58; 47.2%). A total of 28 elbows (22.8%) underwent revision surgery at a median of 1.1 years (interquartile range, 0.3-3.8) with the majority of patients (17, 60.7%) undergoing revision surgery within the first 2 years. The most common reason for revision surgery was implant loosening (14, 29.2%). Univariate Cox regression suggested that Workers' Compensation claims (hazard ratio [HR]: 5.48, P<0.001) and the use of an external fixator (HR: 4.67, P = 0.007) were significantly associated with revision surgery. The variable selection based on Cox regression models resulted in a model with Workers' Compensation claims as a single predictor.

Conclusion: Revision rates following RHA for unreconstructible RHFs are high, with the most common cause for revision surgery being painful implant loosening. Revision surgeries are predominantly performed within the first 2 years after implantation and surgeons should be aware that Workers' Compensation claims and the use of an external fixator are associated with revision surgery.

The FDA has stated that it is the responsibility of the physician to determine the FDA clearance status of each drug or medical device he or she wishes to use in clinical practice.