



2025 OTA Specialty Day
In Collaboration with the Pediatric Orthopaedic Society of North America (POSNA)

Friday, March 14, 2025
San Diego, California
San Diego Convention Center, Room 29ABCD

Planning Committee:

OTA: Arun Aneja, MD, PhD, Leah Gitajn, MD
POSNA: Philip McClure, MD, Benjamin Scheffer, MD

	8:00 a.m. – 8:05 a.m.	Welcome: Emil Schemitsch, MD, FIOTA, OTA Past President Todd Milbrandt, MD, POSNA President
POSNA Symposia Session:	8:05 a.m. – 8:40 a.m. 30 Minutes	Session I: Adolescent Fractures Moderators: Gleeson Rebello, MD, Alex Kuzma, MD
	8:05 a.m. - 8:15 a.m.	Can I Nail It? - Tibial Shaft Fractures - Benjamin Sheffer, MD
	8:15 a.m. - 8:25 a.m.	Can I Nail It? - Femoral Shaft Retrograde/Anterograde Fractures - David Lazarus, MD
	8:25 a.m. - 8:35 a.m.	Adolescent Clavicle Fractures - Norman Ward, MD
	8:35 a.m. - 8:40 a.m.	<i>Discussion and Q&A</i>
	8:40 a.m. – 9:15 a.m. 30 Minutes	Session II: PEDS Emergencies: Updates, Tips and Tricks From the Pedi-Pods Moderators: Vishwas Talwalkar, MD Ashley Levak, MD
	8:40 a.m. - 8:50 a.m.	Type III Supracondylar Humerus Fractures: Evidence Based Update - Hilda Kriel, MD
	8:50 a.m. - 9:00 a.m.	Septic Arthritis in Pediatric Patients - Ben Shore, MD
	9:00 a.m. - 9:10 a.m.	Compartment Syndrome - Joshua Abzug, MD
	9:10 a.m. - 9:15 a.m.	<i>Discussion and Q&A</i>
	9:15 a.m. – 9:50 a.m. 30 Minutes	Session III: Pedi Pelvis & Acetabular Fractures Moderators: Philip McClure, MD, John Scolaro, MD
	9:15 a.m. - 9:25 a.m.	Avulsion Fractures of the Pediatric Pelvis: When to Fix? - Emmanouil Grigoriou, MD
	9:25 a.m. - 9:35 a.m.	Tips and Tricks with Pediatric/Adolescent Acetabular Fractures

		- Abby Howenstein, MD	
	9:35 a.m. - 9:45 a.m.	Import Talent or Export the Case? Choosing Where to Address Pediatric Acetabular Fractures - Jessica McGraw-Heinrich, MD	
	9:45 a.m. - 9:50 a.m.	<i>Discussion and Q&A</i>	
	9:50- a.m. - 10:05 a.m.	<i>Break</i>	
Trauma Only Topics	10:05 a.m. – 11:05 a.m. 1 hour	Session IV: Practice Changing Papers You Might Not Have Heard Of Moderators: Lucas Marchand, MD, Holly Pilson, MD	
	10:05 a.m. - 10:15 a.m.	Open vs. Closed Reduction for Young Femoral Neck Fractures - Saam Morshed, MD, PhD	
	10:15 a.m. - 10:25 a.m.	Risk-Stratified Thromboprophylaxis Effects of Aspirin Versus Low-Molecular-Weight Heparin in Orthopaedic Trauma Patients - Nathan O’Hara, PhD, MHA	
	10:25 a.m. - 10:35 a.m.	Dual Plate Fixation of Distal Femur Fractures - Eben Carrol, MD	
	10:35 a.m. - 10:45 a.m.	Determining Stability in Posterior Wall Acetabular Fractures - Reza Firoozabadi, MD	
	10:45 a.m. - 10:55 a.m.	Thromboelastography (TEG) in Patients With Hip Fractures - Prism Schneider, MD, PhD	
	10:55 a.m. - 11:05 p.m.	<i>Discussion and Q&A</i>	
	11:05 a.m. – 12:05 p.m. 1 hour	Session V: Orthopaedic Trauma Advances in the “Pipeline” Moderators: Robert O’Toole, MD Taylor Yong, MD	
	11:05 a.m. - 11:15 a.m.	Osseointegration - Kyle Potter, MD	
	11:15 a.m. - 11:25 a.m.	Next Generation Sequencing and Infection Biomarkers - Roman Natoli, MD, PhD	
	11:25 a.m. - 11:35 a.m.	3D Printed Implants - Arjun Srinath, MD	
	11:35 a.m. - 11:45 p.m.	Biphasic Plates - Mark Lee, MD	
	11:45 p.m. - 11:55 p.m.	New Technology in Compartment Syndrome - Andrew Schmidt, MD, FIOTA	
	11:55 p.m. - 12:05 p.m.	<i>Discussion and Q&A</i>	
	12:05 p.m. - 12:20 p.m.	<i>Break</i>	
	12:20 p.m. - 1:20 p.m.	<i>OTA Business Meeting (OTA Members Only)</i>	
	1:20 p.m. – 2:40 p.m. 1 hour, 20 min	Session VI: OTA Chair’s Choice Papers Selected from the 2024 Annual Meeting Moderators: Nirmal Tejwani, MD Brianna Fram, MD	
	1:20 p.m. - 1:26 p.m.	A Randomized Controlled Trial of Locked Plating Versus Retrograde Nailing for Periprosthetic Distal Femur Fractures - Aaron Nauth, MD	
	1:26 p.m. - 1:32 p.m.	The HUmeral Shaft Fracture FIXation (HU-FIX) Study: A Prospective Randomized Trial of Operative Versus Nonoperative Management of Fractures of the Humeral Diaphysis - William Oliver, MD	

1:32 p.m. - 1:38 p.m.	Tip-Apex Distance (TAD) <10 mm and Apex-to-Center <4 mm as a Risk Factor for Cut-Throughs in Intertrochanteric Hip Fracture Fixation - Arielle Levine, MS
1:38 p.m. - 1:44 p.m.	Early Versus Delayed Weightbearing Following Operatively Treated Ankle Fracture (WAX): A Randomized Controlled Trial and Health Economic Evaluation - Christopher Bretherton, BMBS, PhD
1:44 p.m. - 1:50 p.m.	Comparison of Patellofemoral Chondromalacia Between the Suprapatellar and Infrapatellar Techniques of Tibial Nailing - Samarth Mittal, MD
1:50 p.m. - 2:00 p.m.	<i>Discussion and Q&A</i>
2:00 p.m. - 2:10 p.m.	Resident Memorial Award: It Is Feasible and Effective to Deliver Brief Mindfulness Training Recordings to Orthopaedic Trauma Patients: Results From a Pilot RCT - Luke Myhre, MD
2:10 p.m. - 2:25 p.m.	Bovill Award Introduction: Emil Schemitsch, MD, FIOTA, OTA Past President Douglas Lundy, MD, FIOTA OTA President Is Aspirin an Effective Thromboprophylaxis in High-Risk Patients? A Comprehensive Subpopulation Analysis of the PREVENT CLOT Study - Sandip Tarpada, MD
2:25 p.m. - 2:40 p.m.	<i>Discussion and Q&A</i>
2:40 p.m. - 3:30 p.m. 50 min	Session VII: Future OTA Presidents - Where is the OTA Headed? Moderators: Arun Aneja, MD, PhD, Leah Gitajn, MD
2:40 p.m. - 2:50 p.m.	Doug Lundy, MD, FIOTA
2:50 p.m. - 3:00 p.m.	Thomas Higgins, MD
3:00 p.m. - 3:10 p.m.	William Obremskey, MD, MPH, FIOTA
3:10 p.m. - 3:30 p.m.	<i>Discussion and Q&A</i>