



2025 OTA Specialty Day  
In Collaboration with the Pediatric Orthopaedic Society of North America (POSNA)

Friday, March 14, 2025  
San Diego, California  
San Diego Convention Center, Room 29ABCD

**Planning Committee:**

OTA: Arun Aneja, MD, PhD, Leah Gitajn, MD  
POSNA: Philip McClure, MD, Benjamin Scheffer, MD

	8:00 a.m. – 8:05 a.m.	Welcome: <b>Emil Schemitsch, MD, FIOTA, OTA Past President</b> <b>Todd Milbrandt, MD, POSNA President</b>
<b>POSNA Symposia Session:</b>	<b>8:05 a.m. – 8:40 a.m.</b> <b>30 Minutes</b>	<b>Session I:</b> <b>Adolescent Fractures</b> Moderators: Gleeson Rebello, MD, Alex Kuzma, MD
	8:05 a.m. - 8:15 a.m.	Can I Nail It? - Tibial Shaft Fractures <b>- Benjamin Sheffer, MD</b>
	8:15 a.m. - 8:25 a.m.	Can I Nail It? - Femoral Shaft Retrograde/Anterograde Fractures <b>- David Lazarus, MD</b>
	8:25 a.m. - 8:35 a.m.	Adolescent Clavicle Fractures <b>- Norman Ward, MD</b>
	8:35 a.m. - 8:40 a.m.	<i>Discussion and Q&amp;A</i>
	<b>8:40 a.m. – 9:15 a.m.</b> <b>30 Minutes</b>	<b>Session II:</b> <b>PEDS Emergencies: Updates, Tips and Tricks From the Pedi-Pods</b> Moderators: Vishwas Talwalkar, MD Ashley Levak, MD
	8:40 a.m. - 8:50 a.m.	Type III Supracondylar Humerus Fractures: Evidence Based Update <b>- Hilda Kriel, MD</b>
	8:50 a.m. - 9:00 a.m.	Septic Arthritis in Pediatric Patients <b>- Ben Shore, MD</b>
	9:00 a.m. - 9:10 a.m.	Compartment Syndrome <b>- Joshua Abzug, MD</b>
	9:10 a.m. - 9:15 a.m.	<i>Discussion and Q&amp;A</i>
	<b>9:15 a.m. – 9:45 a.m.</b> <b>30 Minutes</b>	<b>Session III:</b> <b>Pedi Pelvis &amp; Acetabular Fractures</b> Moderators: Philip McClure, MD, John Scolaro, MD
	9:15 a.m. - 9:25 a.m.	Avulsion Fractures of the Pediatric Pelvis: When to Fix? <b>- Emmanouil Grigoriou, MD</b>
	9:25 a.m. - 9:35 a.m.	Tips and Tricks with Pediatric/Adolescent Acetabular Fractures

		<b>- Abby Howenstein, MD</b>	
	9:35 a.m. - 9:45 a.m.	Import Talent or Export the Case? Choosing Where to Address Pediatric Acetabular Fractures <b>- Jessica McGraw-Heinrich, MD</b>	
	10:00 a.m. - 10:05 a.m.	<i>Discussion and Q&amp;A</i>	
	10:05 a.m. - 10:20 a.m.	<i>Break</i>	
<b>Trauma Only Topics</b>	<b>10:20 a.m. – 11:20 a.m. 1 hour</b>	<b>Session IV: Practice Changing Papers You Might Not Have Heard Of</b> Moderators: Lucas Marchand, MD, Holly Pilson, MD	
	10:20 a.m. - 10:30 a.m.	Open vs. Closed Reduction for Young Femoral Neck Fractures <b>- Saam Morshed, MD, PhD</b>	
	10:30 a.m. - 10:40 a.m.	Risk-Stratified Thromboprophylaxis Effects of Aspirin Versus Low-Molecular-Weight Heparin in Orthopaedic Trauma Patients <b>- Nathan O’Hara, PhD, MHA</b>	
	10:40 a.m. - 10:50 a.m.	Dual Plate Fixation of Distal Femur Fractures <b>- Eben Carrol, MD</b>	
	10:50 a.m. - 11:00 a.m.	Determining Stability in Posterior Wall Acetabular Fractures <b>- Reza Firoozabadi, MD</b>	
	11:00 a.m. - 11:10 a.m.	Thromboelastography (TEG) in Patients With Hip Fractures <b>- Prism Schneider, MD, PhD</b>	
	11:10 a.m. - 11:20 p.m.	<i>Discussion and Q&amp;A</i>	
	<b>11:20 a.m. – 12:20 p.m. 1 hour</b>	<b>Session V: Orthopaedic Trauma Advances in the “Pipeline”</b> Moderators: Robert O’Toole, MD Taylor Yong, MD	
	11:20 a.m. - 11:30 a.m.	Osseointegration <b>- Kyle Potter, MD</b>	
	11:30 a.m. - 11:40 a.m.	Next Generation Sequencing and Infection Biomarkers <b>- Roman Natoli, MD, PhD</b>	
	11:40 a.m. - 11:50 a.m.	3D Printed Implants <b>- Arjun Srinath, MD</b>	
	11:50 a.m. - 12:00 p.m.	Biphase Plates <b>- Mark Lee, MD</b>	
	12:00 p.m. - 12:10 p.m.	New Technology in Compartment Syndrome <b>- Andrew Schmidt, MD, FIOTA</b>	
	12:10 p.m. - 12:20 p.m.	<i>Discussion and Q&amp;A</i>	
	12:20 p.m. - 12:35 p.m.	<i>Break</i>	
	12:35 p.m. - 1:35 p.m.	<i>OTA Business Meeting (OTA Members Only)</i>	
	<b>1:35 p.m. – 2:45 p.m. 1 hour, 10 min</b>	<b>Session VI: OTA Chair’s Choice Papers Selected from the 2024 Annual Meeting</b> Moderators: Nirmal Tejwani, MD Brianna Fram, MD	
	1:35 p.m. - 1:41 p.m.	A Randomized Controlled Trial of Locked Plating Versus Retrograde Nailing for Periprosthetic Distal Femur Fractures <b>- Aaron Nauth, MD</b>	
	1:41 p.m. - 1:47 p.m.	The HUmeral Shaft Fracture FIXation (HU-FIX) Study: A Prospective Randomized Trial of Operative Versus Nonoperative Management of Fractures of the Humeral Diaphysis <b>- William Oliver, MD</b>	

1:47 p.m. - 1:53 p.m.	Tip-Apex Distance (TAD) <10 mm and Apex-to-Center <4 mm as a Risk Factor for Cut-Throughs in Intertrochanteric Hip Fracture Fixation - <b>Arielle Levine, MS</b>
1:53 p.m. - 1:59 p.m.	Early Versus Delayed Weightbearing Following Operatively Treated Ankle Fracture (WAX): A Randomized Controlled Trial and Health Economic Evaluation - <b>Christopher Bretherton, BMBS, PhD</b>
1:59 p.m. - 2:05 p.m.	Comparison of Patellofemoral Chondromalacia Between the Suprapatellar and Infrapatellar Techniques of Tibial Nailing - <b>Samarth Mittal, MD</b>
2:05 p.m. - 2:10 p.m.	<i>Discussion and Q&amp;A</i>
2:10 p.m. - 2:20 p.m.	<b>Resident Memorial Award:</b> It Is Feasible and Effective to Deliver Brief Mindfulness Training Recordings to Orthopaedic Trauma Patients: Results From a Pilot RCT - <b>Luke Myhre, MD</b>
2:20 p.m. - 2:30 p.m.	<b>Bovill Award</b> <b>Introduction:</b> Emil Schemitsch, MD, FIOTA, OTA Past President Douglas Lundy, MD, FIOTA OTA President  Is Aspirin an Effective Thromboprophylaxis in High-Risk Patients? A Comprehensive Subpopulation Analysis of the PREVENT CLOT Study - <b>Sandip Tarpada, MD</b>
2:30 p.m. - 2:45 p.m.	<i>Discussion and Q&amp;A</i>
<b>2:45 p.m. - 3:30 p.m.</b> <b>45 min</b>	<b>Session VII:</b> <b>Future OTA Presidents - Where is the OTA Headed?</b> Moderators: Arun Aneja, MD, PhD, Leah Gitajn, MD
2:45 p.m. - 2:55 p.m.	Doug Lundy, MD, FIOTA
2:55 p.m. - 3:05 p.m.	Thomas Higgins, MD
3:05 p.m. - 3:15 p.m.	William Obremskey, MD, MPH, FIOTA
3:15 p.m. - 3:30 p.m.	<i>Discussion and Q&amp;A</i>