



## 2024 OTA EDUCATION FORUM

### Women Orthopaedic Trauma Surgeons Forum Agenda

October 23, 2024, 1:00-5:00 PM

Time	Topic	Faculty
1:00 PM – 1:05 PM	Introductions and Welcome	Niloofer Dehghan, MD, MSc
1:05 PM – 2:00 PM	<b>Yay to Women Surgeons!</b>	
	Yes, You Belong! Imposter Syndrome, We All Feel it, what is it and How Do We Overcome it?	Anna N. Miller, MD, FIOTA
	Improving the Numbers - How Do We Encourage More Women to go into Orthopaedics?	Niloofer Dehghan, MD, MSc
	What's a Coach? Do I Need One?	Jessica C. McMichael, MD
	I Feel Alone, What Societies or Groups Can I Join for Support?	Lisa K. Cannada, MD
	Discussion	All
2:00 PM – 2:55 PM	<b>Creating a Successful Career</b>	
	Put it in Writing or Show Me the Money - Contract Negotiations How Do I Ask for What I Want?	Shasta Henderson, MD
	Patient Satisfaction Scores: When One Bad Apple Spoils Your Mood and Reputation	Emily Wagstrom, MD
	Here's What I Do to Maximize My Efficiency in Clinic/OR to Save My Sanity and Get Home Before 6 PM	Gudrun Mirick Mueller, MD
	I don't want to take call forever! How to plan for retirement.	Heather A. Vallier, MD, FIOTA
	Discussion	All
2:55 PM – 3:10 PM	<b>Break and Networking</b>	

Content and faculty subject to change.

3:10 PM – 3:55 PM	<b>Childbearing and Maternity While Working (35 min)</b>	
	IVF – What are the Basics, Tips and Tricks, and How Do I Organize it with a Busy Schedule  How to Work and Operate While Pregnant or With Little Kids  Can You Have It All? How to Have a Successful Practice and Have Time to See My Partner/Family  Discussion	Kelly A. Lefavre, MD  Niloofer Dehghan, MD, MSc  Mimi Batin-Van Rooyen, MD  All
3:55 PM – 4:50 PM	<b>Occupational hazards (40 min)</b>	
	Breast Cancer: We Are at a Higher Risk, Let's Talk About It  What's the Deal with Radiation Exposure, and How Do I Better Protect Myself?  I Don't Want to Rock the Boat, But How Do I Deal with Harassment or Bullying?  Moral Injury, What to Do When Your Sole is Being Crushed  Discussion	Prism Schneider, MD, PhD  Laura Blum, MD  Jana Davis, MD  Brandi R. Hartley, MD  All
4:50 – 5:00 PM	<b>Closure and Future Directions</b>	