



ORTHOPAEDIC
— TRAUMA —
ASSOCIATION

ORTHOPAEDIC TRAUMA FOR PAs AND NPs

Wednesday - Thursday
OCTOBER 18-19, 2023

Original Seattle Convention Center (Arch Building) – 6B
Seattle, WA



ACCME
ACCREDITED

13 AMA PRA
Category I Credits™

Schedule and presenters
are subject to change.



**The OTA would like to extend sincere appreciation to our
2023 Corporate Donors for their support of the
Annual Meeting Pre-Meeting Courses:**

Leader Level Donors (\$20,000)

**3M, Arthrex,
Stryker, Zimmer Biomet**

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Acumed, DePuy Synthes, Smith & Nephew

The OTA would also like to extend sincere appreciation to
DePuy Synthes, Smith & Nephew, and Essity
for their IN-KIND LAB EQUIPMENT SUPPORT.



WEDNESDAY-THURSDAY, OCTOBER 18-19, 2023

ORTHOPAEDIC TRAUMA FOR PAs AND NPs

Original Seattle Convention Center (Arch Building) 6B

COURSE DESCRIPTION

The 2023 OTA PA/NP Orthopaedic Trauma Course offers PAs and NPs an exciting look at current state of the art fracture management. The course brings together leaders in Orthopaedic Trauma for lectures, case-based presentations, and lab sessions that illustrate the best practices in fracture care.

The course discussions also include best practices for integration, billing, and coding for PAs and NPs in Orthopaedics. This course is intended for PAs and NPs who are early on in their careers or experience of treating orthopaedic trauma while practicing in general orthopaedics, taking acute orthopaedic call with inpatient/outpatient or caring for orthopaedic injuries in ER/UC/General Trauma services. ALL levels of experience PAs and NPs are invited to register and attend.

The course is not intended to be taken on a recurring/annual basis. Instead the course serves as a foundation to progress to other OTA Course offerings like the Resident Comprehensive Fracture and Advanced Trauma Courses, Boot Camp, and the OTA Annual Meeting.



The Orthopaedic Trauma Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Orthopaedic Trauma Association designates this live activity for a maximum of **13 AMA PRA Category 1 Credits™**.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Early Bird Registration Until September 17.



	OTA Member On/Before 9/17/23	OTA Member After 9/17/23	Non-Member On/Before 9/17/23	Non-Member After 9/17/23
Course Fee:	\$400	\$500	\$550	\$650

PROGRAM CHAIRS



Program Chairs
Scott Sexton, MD



Kelly Harkins, PA-C

LEARNING OBJECTIVES

After attending the 2023 Orthopaedic Trauma for PAs and NPs, participants will be able to:

1. Discuss common fractures to the upper and lower extremities in the adult and pediatric population.
2. Learn how to recognize and treat emergent conditions such as open fractures, dislocations, compartment syndrome, and pelvic ring fractures with hemodynamic instability.
3. Describe the postoperative management and commonly encountered issues including pain, DVT, infection, and nonunion.
4. Review common techniques used in the operating room and emergency department, such as fracture fixation, suturing, and splinting.

TARGET AUDIENCE

This course is intended for PAs and NPs who are early on in their careers or experience of treating orthopaedic trauma while practicing in general orthopaedics, taking acute orthopaedic call with inpatient/outpatient or caring for orthopaedic injuries in ER/UC/General Trauma services. ALL levels of experience PAs and NPs are invited to register and attend.



Wednesday, October 18, 2023

- 7:00 AM **Introduction**
Scott Sexton, MD
- 7:05 AM **Polytrauma Patient**
Jennifer Hagen, MD
- 7:20 AM **Open Fractures**
L. Henry Goodnough, MD, PhD
- 7:35 AM **Compartment Syndrome**
Lisa Cannada, MD
- 7:50 AM Discussion
- 8:00 AM **Fracture Healing**
John Scolaro, MD
- 8:25 AM **Fixation Theories**
Bryan Ming, MD
- 8:50 AM Discussion
- 9:00 AM - 9:10 AM **Refreshment Break**
- 9:10 AM **Musculoskeletal Infection**
Steven Rabin, MD
- 9:30 AM **Pelvic Ring Disruption/
Acetabular Fractures**
Thuan Ly, MD
- 9:50 AM **Pediatric Supracondylar Humerus**
Sean A. Tabaie, MD
- 10:10 AM **Transition to Labs**



10:15 -
11:45 AM

SKILLS LABS 1 AND 2

- Skill Lab 1** *(Room 602-603)*
**Pelvic Binder with Sheet Placement/
Femoral Traction Pin Technique Lab**
Thuan Ly, MD
- Skill Lab 2** *(Room 6B)*
Splinting Lab
Scott Sexton, MD



- 11:45 AM - 1:15 PM **Lunch:
Rules, Reimbursement, and Realities**
Michael L. Powe
- 1:15 PM **Shoulder Girdle Fractures
(Clavicle, Proximal Humerus)**
Zachary Roward, MD
- 1:35 PM **Elbow Fractures (Distal Humerus,
Radial Head, Terrible Triad)**
Robert P. Wessel, MD
- 1:55 PM Discussion
- 2:10 PM **Humerus Shaft Fractures (Op vs. Non Op)**
Steven Cherney, MD
- 2:20 PM **Both Bones Forearm Fractures
and Distal Radius**
Abhiram Bhashyam, MD, PhD
- 2:40 PM Discussion

- 2:55 PM **Lower Extremity Shaft Fractures (Femur & Tibia)**
Scott Sexton, MD
- 3:10 PM **Proximal Femur Fractures (Femoral Neck and IT Femur)**
Rick Wang, MD
- 3:30 PM **Articular Injuries about the Knee (Distal Femur and Tibial Plateau)**
Joshua Gary, MD
- 3:50 PM Discussion
- 4:00 - **Refreshment Break**
- 4:15 PM **Transition to Labs**

4:15 - 5:30 PM **SKILLS LABS 3 AND 4**

- Skill Lab 3** (Room 6B)
Suturing Skills Lab
Kelly Harkins, PA-C
- Skill Lab 4** (Room 602-603)
Distal Radius Plating Skills Lab
Rick Wang, MD



- 5:30 PM **Adjourn for the Day**
- 5:30 - 6:30 PM **PA/NP Reception** (2AB Lobby)



Thursday, October 19, 2023

- 7:00 AM **Osteoporosis - Own the Bone**
Kyle Jeray, MD
- 7:20 AM Discussion
- 7:30 AM **Ankle Fractures (Pilon and Rotational Ankle Injuries)**
Michael Talerico, MD
- 7:50 AM **Hindfoot Fracture (Calcaneus and Talus Fractures)**
Thomas Krupko, MD
- 8:10 AM **Amputations**
Daniel Segina, MD
- 8:30 AM Discussion
- 8:40 - 8:55 AM **Refreshment Break**
- 8:55 AM **Pain Management in the Opioid Crisis**
John C. Hagedorn II, MD
- 9:15 AM **Current Concepts in DVT Chemoprophylaxis for Trauma**
Adam K. Lee, MD
- 9:35 AM Discussion
- 9:50 AM **Clinical Pearls for New Orthopaedic Trauma Providers**
Blake E. Bohlig, PA-C
- 10:20 AM **The Other Side: Being the Patient**
Daniel Coll, PA-C
- 10:50 AM Open Discussion
- 11:00 AM **Course Adjourns**