

Upper Limb Trauma Association (ULTRA)

Wednesday, October 18, 2023, 1:00 pm – 5:00 pm
Room 303 (Seattle Convention Ctr, Arch Bldg.)

Agenda

- 1:00 pm – 1:20 pm Introductions and welcome.
What is ULTRA and why are we doing this?
- 1:20 pm -1:40 pm Research updates
- *Process for multicenter studies/data use agreements*
 - *Updates on proximal humerus fx-dislocation study*
 - *Solicitation of new ideas*
- 1:40 pm – 2:10 pm Tips and tricks/innovation: Show us something new!
- *Initial ORIF with staged arthroplasty in PHFs at risk for AVN*
 - *Nail/plate—not just for distal femurs!*
 - *Novel minifrag olecranon fixation*
 - *What is the new Mayo Clinic proximal ulna fracture classification?*
 - *An anterior approach to the coronoid*
- 2:10 pm – 3:00 pm Keynote lecture: Peter Cole, MD
“What I have found exploring the scapula crevasse”
Q&A
- 3:00 pm – 3:20 pm Break and refreshments
- 3:20 pm – 4:20 pm Great debates in Upper Extremity Trauma
- *Elder-ish PHF: ORIF vs RTSA...or maybe nonop?*
 - *Comminuted humeral shaft fracture: plate or nail*
 - *Osteoporotic distal humerus fracture: ORIF vs arthroplasty*
- 4:20 pm – 4:50pm Zero or hero? My best case/worst case of the last year (BYOC)
- *Open humerus gone wrong*
 - *Elbow disaster: the gift that keeps giving*
- 4:50 pm — 5:00 pm Shall we do this again?
Plans for our next meeting and how to become involved
Comments/discussion and open floor