Fracture Classifications

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<u>Objectives</u>

To understand the need for classification systems

To understand the evolution of classification systems

 To look at the importance of soft tissue injury associated with fractures



Why do we have classifications?

- Organize knowledge
- Transfer information

Guide treatment

- Estimate prognosis
- Enhance education and communication





Ancient Egypt

- The Edwin Smith Papyrus classified injuries as:
 - "An ailment which I will treat"
 - "An ailment with which I will contend"
 - "An ailment not to be treated"



- 18th and 19th Century
 - -Descriptive classifications based on appearance of limb

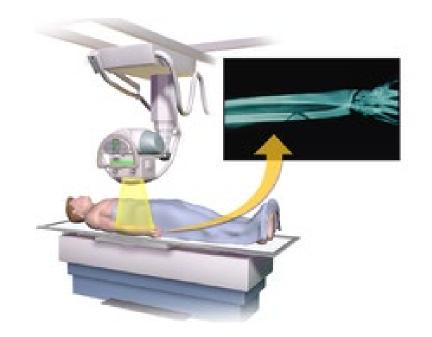
"Dinner Fork Deformity"





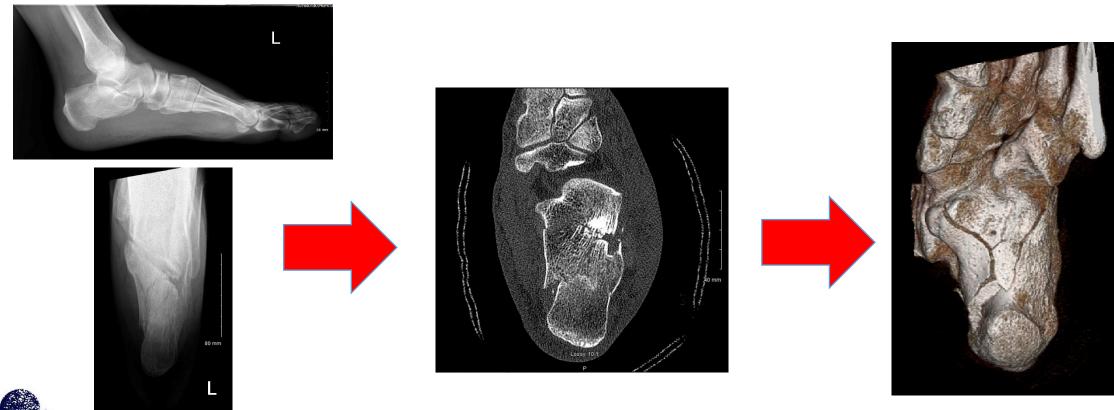


- 20th Century
 - The advent of radiographs created numerous classification systems
 - Brought about the ability to identify <u>location</u>, <u>amount</u>, <u>and displacement</u> of fracture lines
 - Not without problems as radiographic views and quality can be inconsistent





- The last 40 Years
 - CT has allowed for further understanding and classification of intra-articular fractures





- Believe it or not there's more to consider than just bones!
 - X-rays or CT alone can underestimate the severity of the overall injury and don't consider patient status







What makes a good classification?

- Inter-observer Reliability
 - Do different physicians agree on the classification of a particular fracture?

- Intra-observer Reproducibility
 - For a given fracture, does the same physician classify it the same way at different times?



Types of Classification Systems

• Fracture-Specific

Universal

Soft Tissue Injury Associated with Fracture



Examples of Fracture-Specific Descriptive Classifications

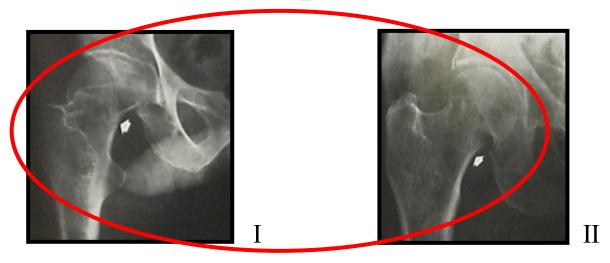
- Garden guides management/surgical plan
- <u>Neer</u> assists describing fracture for communication
- <u>Schatzker</u> can predict associated injuries and prognosis
- <u>Lauge-Hansen</u> provides insight into mechanism
- <u>Sanders</u> an example of CT-based classification



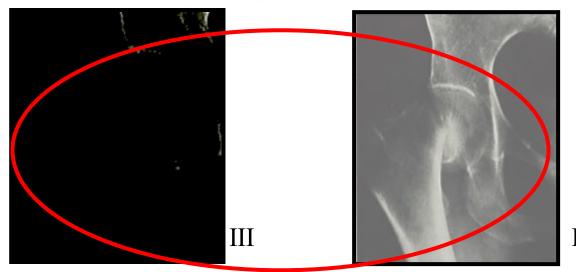
Garden Classification

- I Valgus impacted or incomplete
- II CompleteNon-displaced
- III Complete
 Partial displacement
- IV Complete
 Full displacement
- ** Portends risk of AVN and Nonunion**

Non-Displaced



Displaced



IV

Core Curriculum V5

Garden Classification

Pros

-Determining displaced vs nondisplaced is critical for dictating management

-Classification has highest interand intra- observer reliability when compared to Pauwel's and AO classifications

Cons

-Poor interobserver reliability between Types I and II

-Classification based on AP radiograph only

→ can underestimate degree of displacement

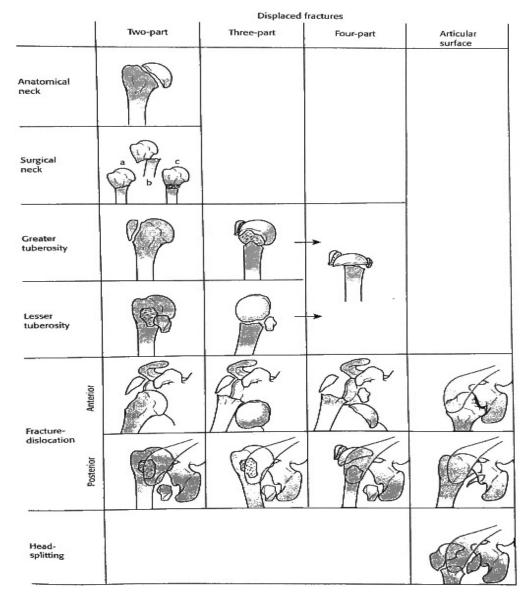


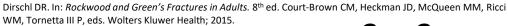
Kazley JM, Banerjee S, Abousayed MM, Rosenbaum AJ. (2018). *Classifications in brief: Garden classification of femoral neck fractures. Clin Orthop Relat Res.* 476:441-445.

Neer Classification

- Based on anatomic segments of the proximal humerus
- Considered to be a "part" if arbitrarily displaced 1 cm or angulated 45°
- Classification has good intraobserver reliability, but only moderate interobserver reliability, though still useful for communication purposes

Bernstein J, Adler LM, Blank JE, Dlasey RM, Williams GR, Iannotti JP. (1996). Evaluation of the Neer system of classification of proximal humerus fractures with computerized tomographic scans and plain radiographs. Journal of Bone and Joint Surgery, 78-A(9): 1371-1375.









<u>I:</u> Lateral Split



II: Split Depression



III: Lateral Depression





IV: Medial Plateau



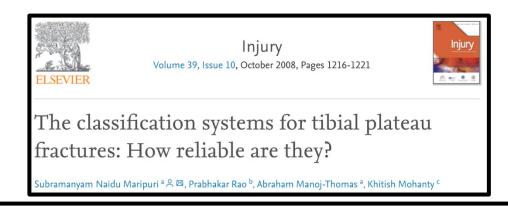
V: Bicondylar



<u>VI</u>: Metaphyseal-Diaphyseal Dissociation



- Study to compare the inter-observer reliability and intra-observer reproducibility of the Schatzker, AO, and Hohl and Moore classifications of tibial plateau fractures
- Four observers at different points in their careers classified 50 tibial plateau fractures
- Schatzker showed superior inter-observer reliability and intra-observer reproducibility compared to AO and Hohl and Moore
 - --> though still not perfect



Classification	κ co-efficient for readi		co-efficient or reading 2	Mean κ -val	ue	Mean percent of observer agreer
AO overall	0.33	0.	39	0.36		0.52
AO type	0.65	0.	67	0.66		0.86
Schatzker	0.45	0.	49	0.47		0.59
Hohl and Moore	0.14	0.	14	0.14		0.34
Table 3 Intra-obs	server reproduci	bility of classific	ations			
Table 3 Intra-obs	server reproduci Observer 1	bility of classific Observer 2	ations Observer 3	Observer 4	Mean κ	Mean percentag
	•	-		Observer 4	Mean κ	
Classification AO overall	Observer 1	Observer 2	Observer 3			observer agree
Classification	Observer 1	Observer 2	Observer 3	0.85	0.80	observer agree



- Associated Injuries By Fracture Type
 - Schatzker II > Lateral meniscal tears
 - Schatzker IV
 — medial meniscal tears, ACL injury, vascular injury
 - Schatzker VI → ACL injury, compartment syndrome

Bennet WF and Browner B. (1994). *Tibial plateau fractures: A study of associated soft tissue injuries. J Orthop Trauma*. 8(3):183-188.



Lauge-Hansen Classification

Based on position of ankle and direction of force applied at time of injury



Supination External Rotation



Supination Adduction

Lauge-Hansen Classification

Based on position of ankle and direction of force applied at time of injury



Pronation External Rotation



Pronation Abduction



Lauge-Hansen Classification

Pros

Cons

-Provides understanding of mechanism for rotational ankle fractures

-Found to have the lowest interobserver reliability when compared to the AO and Danis-Weber classifications

-Enables interprofessional communication for rotational ankle fractures

-Classification cannot be used for non-rotational ankle fractures



Lopes da Fonseca L, Nunes IG, Nogueira RR, Martins GEV, Mesencio AC, Kobata SI. (2018). *Reproducibility of the Lauge-Hansen, Danis-Weber, and AO classifications for ankle fractures. Rev Bras Ortop.* 53(1):101-106.

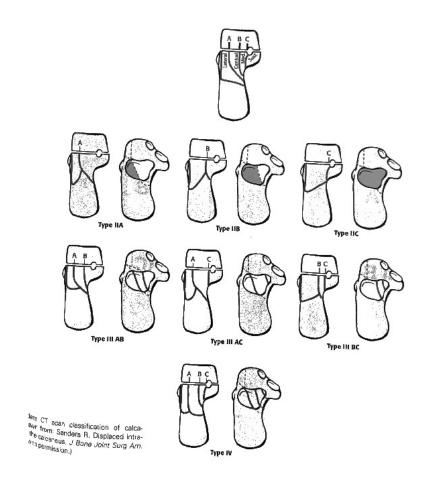
Sanders Classification

- CT-based classification looking at the widest part of the calcaneus:
 - Number articular fracture fragments
 - Location of fragments

- Compare to x-ray-based Essex-Lopresti it provides increased insight:
 - Fracture pattern
 - Pre-op planning
 - Prognosis



Sanders Classification



- Type I: all fractures with <2mm displacement
- <u>Type II:</u> two-part fractures of the posterior facet
- Type III: three-part fractures of the posterior facet
- Type IV: highly comminuted fracture with four or more fracture lines



Dirschl DR. In: *Rockwood and Green's Fractures in Adults*. 8th ed. Court-Brown CM, Heckman JD, McQueen MM, Ricci WM, Tornetta III P, eds. Wolters Kluwer Health; 2015.

Foot and Ankle Surgery

journal homepage: www.elsevier.com/locate/fas



Sanders Classification

Agreement between Sanders classification of intraarticular calcaneal fractures and assessment during the surgery

Amir Reza Vosoughi^{a,*}, Zahra Shayan^b, Ehsan Salehi^a, Fereidoon Mojtahed Jaberi^a, Saeed Solooki^a, Bahareh Kardeh^c

- a Bone and Joint Diseases Research Center, Department of Orthopedic Surgery, Chamran Hospital, Shiraz University of Medical Sciences, Shiraz, Iran
- b Trauma Research Center, Department of Community Medicine, School of Medicine, Shiraz University of Medical Sciences, Shiraz, Iran
- Cross-sectional study of 100 pre-op CT scans of patients with intra-articular calcaneus fractures operated on by a single surgeon
- Researchers reported:
 - Good to excellent intra-observer reproducibility
 - Moderate inter-observer reliability (which was better than what was previously reported in the literature).
- Validity was reported to be fair



Universal Classification System

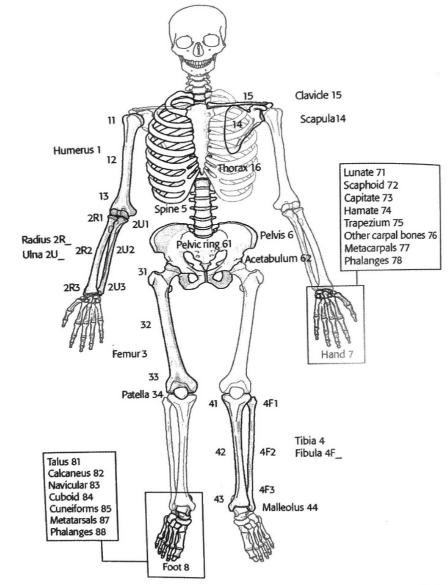


 Alphanumeric classification that can be applied throughout the skeleton, based on fracture location and morphology

 Created in the 1960's and multiply updated to include classifications of the pelvis and acetabulum

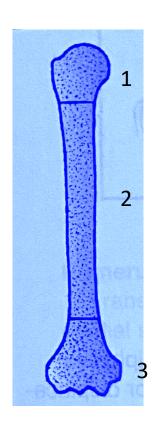


- Fracture Location
 - Which bone?
 - Each bone is assigned a specific number





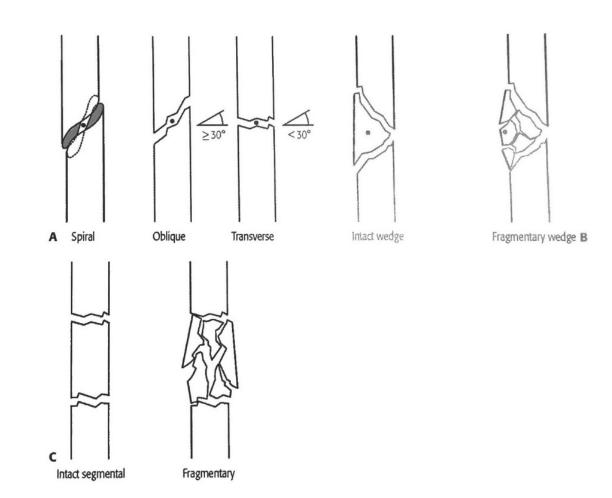
- Fracture Location
 - Which part of the bone?
 - 1. Proximal end segment
 - 2. Diaphyseal segment
 - 3. Distal end segment





Fracture Morphology

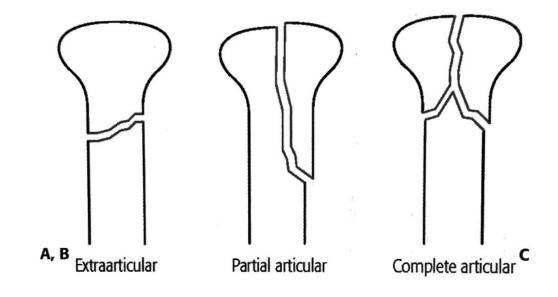
- Diaphyseal segment
 - Type A: Simple fractures
 - spiral, oblique, transverse
 - Type B: Wedge fractures
 - spiral, bending, fragmented
 - Type C: Multifragmentary fractures
 - spiral wedge, segmented, irregular





Fracture Morphology

- End segment
 - Type A: Extra-articular
 - Type B: Partial articular
 - Type C: Complete articular



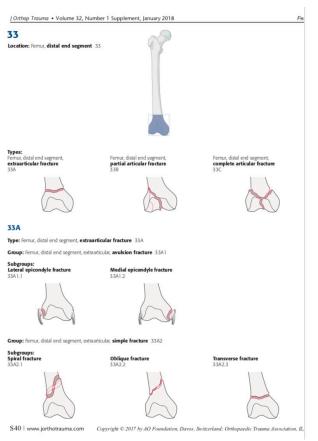


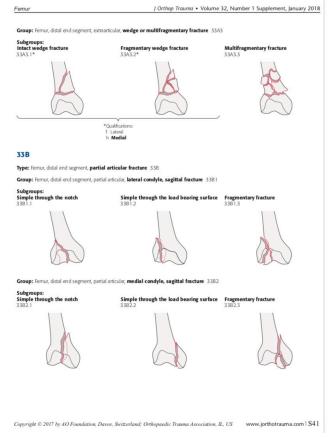
- Now have additional Subgrouping
 - Goal of Subgrouping: to increase the precision of the classification
 - Subgroups differ amongst each bone

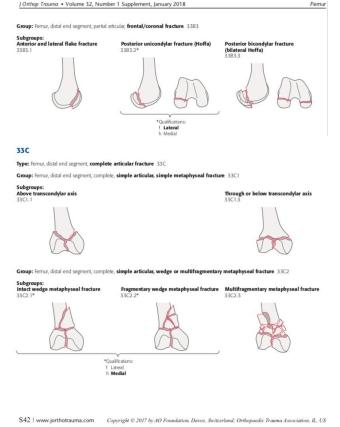


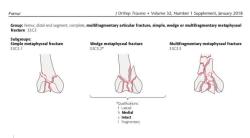
OTA / AO Classification Subgrouping

Complex and value not fully known (Example: Distal Femur)









But what about the soft tissues?







Soft Tissue-Based Classifications

Oesterne and Tscherne Classification

Gustilo-Anderson Classification

OTA Open Fracture Classification



Oesterne and Tscherne Classification

• Classification of soft tissue damage in the setting of a closed fracture

<u>Grade</u>	Soft Tissue Injury	Bony Injury
Grade 0	Minimal soft tissue damage Indirect injury to limb	Simple fracture pattern
		Ex: low energy spiral fractures
Grade 1	Superficial abrasion/contusion	Mild fracture pattern
		Ex: rotational ankle fracture-dislocations
Grade 2	Deep abrasion with skin or muscle contusion	Severe fracture pattern
	Direct trauma to limb	Ex: segmental fractures
Grade 3	Extensive skin contusion or crush Severe underlying muscle damage Subcutaneous avulsion Possible compartment syndrome	Severe fracture pattern
	Possible compartment syndrome	

Gustilo-Anderson Classification

- Type I: wound ≤1 cm, minimal contamination or muscle damage
- Type II: wound 1-10 cm, moderate soft tissue injury
- Type IIIA: wound usually >10 cm, high energy, extensive soft-tissue damage, contaminated, but with adequate tissue for flap coverage
- Type IIIB: extensive periosteal stripping, wound requires soft tissue coverage (rotational or free flap)
- <u>Type IIIC</u>: vascular injury requiring vascular repair, regardless of degree of soft tissue injury **Appropriate classification can only be made intraoperatively**



OTA Classification of Open Fractures

Assigns severity to five essential factors for treatment

Essential Factor	Severity
Skin	 Can be approximated Cannot be approximated Extensive degloving
Muscle	 No muscle in area/no appreciable necrosis Loss of muscle; intact function, localized necrosis Dead muscle, loss of function
Arterial	 No injury Arterial injury without ischemia Arterial injury with ischemia
Contamination	 None or minimal Surface contamination Imbedded in bone or deep tissues
Bone Loss	 None Bone missing or devascularized, but still contact present between proximal and distal segments Segmental bone loss



Reliability of Classification Systems

- OTA Open Fracture Classification System appears superior to Gustillo-Anderson Classification System in both reliability and validity
 - 86% overall interobserver agreement vs 60% for G-A
 - JOT: 2013 vol 27; pp379-384
- Interobserver RELIABILITY is different than VALIDITY
 - If surgeons agree on a measurement pre-operatively ("reliability"), that may not prove to be accurate intra-operatively ("validity")
 - JAAOS: 2002 vol 10; pp290-297



Use of Soft Tissue and Open Fracture Classifications

The Journal of Bone and Joint Surgery. British volume, Vol. 81-B, No. 1

Fractures of the tibia

CAN THEIR OUTCOME BE PREDICTED?

P. Gaston, E. Will, R. A. Elton, M. M. McQueen, C. M. Court-Brown

 Prospective study to determine if descriptive classifications of diaphyseal tibia fractures are predictive of prognosis

 Compared AO, Gustilo-Anderson, Tscherne, and Winquist-Hansen classifications and looked at union, need for future surgery, and subsequent infection

Found that the Tscherne Classification was most predictive of final outcome

<u>Summary</u>

 Classifications are essential for communication, education, treatment guidelines, and as a prognostic tool

As imaging technology has advanced so have our fracture classifications

 The soft tissue can't be ignored and classification systems taking the soft tissue envelope into consideration are essential for creating a complete prognostic picture



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