

# 2019 OTA ANNUAL MEETING

SEPTEMBER 25 - 28, 2019 ■ DENVER, COLORADO ■ #OTA2019



## YOUNG PRACTITIONERS FORUM and ASK THE EXPERTS

MYTH BUSTERS VS. REALITY ABOUT ORTHOPAEDIC TRAUMA

COURSE AGENDA

Thursday, September 26, 2019



*Program Chairs*

Lisa K. Cannada, MD



Jodi A. Siegel, MD

4.0 AMA PRA Category I Credits™



# YOUNG PRACTITIONERS FORUM

SEPTEMBER 26, 2019 ■ DENVER, COLORADO ■ #OTA2019

## OVERVIEW

The purpose of the Young Practitioners Forum is to provide programming targeted towards senior residents, fellows and orthopaedic trauma surgeons new in practice. Information on topics not taught in training and wisdom from lessons those in practice learned will be discussed. Our target audience will be provided tools for a successful career. The Ask the Experts session at the end of the program will provide an opportunity to interact and ask questions in a friendly environment.

## TARGET AUDIENCE

This course is designed for orthopaedic residents, fellows, and young practitioners to promote career planning and development during residency and selection of best practice environment.

## SPEED MENTORING

Mentoring is a volunteer relationship between individuals. The objective of the Speed Mentoring Session is to provide a forum for advice regarding professional and personal concerns of a Young Practitioner and an Experienced Practitioner. This session will cover a variety of non-surgical topics for success in your career. In addition, there will be ample time to meet with the faculty afterwards

## LEARNING OBJECTIVES

Upon successful completion of this course, participants will be able to:

- ✓ Illustrate the fellowship application process and maximize the fellowship year experience
- ✓ Identify important strategies for building your career
- ✓ Describe an understanding of skills to succeed in a trauma practice
- ✓ Apply effective communication techniques

## MYTH BUSTERS VS. REALITY ABOUT ORTHOPAEDIC TRAUMA

### Ask the Experts

### INVITED FACULTY

John D. Adams, MD  
Julie Adams, MD  
Emily Benson, MD  
Lisa K. Cannada, MD  
Chad M. Corrigan, MD  
Kenneth A. Egol, MD  
James R. Ficke, MD, FACS  
Reza Firoozabadi, MD  
Michael J. Gardner, MD  
Robert M. Harris, MD  
Jonathan R. Helms, MD  
Kyle Judd, MD  
Stephen A. Kottmeier, MD  
Erik A. Lund, MD  
Simon C. Mears, MD, PhD  
Matthew A. Mormino, MD  
Brian H. Mullis, MD  
Robert V. O'Toole, MD  
William T. Obrebskey, MD, MPH  
Andrew H. Schmidt, MD  
Jodi A. Siegel, MD  
David C. Teague, MD  
Raymond D. Wright, MD



Early Bird  
Registration  
Until September 10.



OTA Member On/Before 9/10/19	OTA Member After 9/10/19	Non-Member On/Before 9/10/19	Non-Member After 9/10/19
\$75	\$100	\$75	\$100

Course Fee:



# YOUNG PRACTITIONERS FORUM

SEPTEMBER 26, 2019 ■ DENVER, COLORADO ■ #OTA2019

## COURSE AGENDA

Thursday, 9.26.19

### THURSDAY, September 26, 2019

#### Young Practitioners Forum and Ask the Experts

#### Myth Busters vs. Reality About Orthopaedic Trauma

6:00 AM– 6:30 AM	Registration and Breakfast
6:30 AM	Introduction <i>Jodi A. Siegel, MD</i>
6:35 AM	Does Where I Do My Residency Affect My Ability to Match? (Approaching the Match) <i>Lisa K. Cannada, MD</i>
6:42 AM	Do I Need Two Fellowships? <i>Simon C. Mears, MD, PhD</i>
6:48 AM	Fellowship is Just an Extension of Residency (How to Be a Great Fellow) <i>Jodi A. Siegel, MD</i>
6:54 AM	Can I Find a Job When We are Training 80 Fellows a Year? <i>Rebecca Rajfer, MD</i>
7:00 AM	I Need Everything in Writing Before I Start (Contract Talk) <i>Roy Sanders, MD</i>
7:10 AM	Questions
7:20 AM	Numbers, Numbers, Numbers Define the Job (Productivity, Ratings, Extracurricular) <i>Joshua L. Gary, MD</i>
7:27 AM	Does My Job Care About My Family? (Work-Life Balance) <i>Brandi R. Hartley, MD</i>
7:35 AM	Avoiding Sour Grapes (Making a Good First Impression in the OR and Clinic) <i>Samir Mehta, MD</i>

7:42 AM	Avoiding Sour Grapes (Working with Your Trauma Partners) <i>Clay Spittler, MD</i>
7:50 AM	I Want All of the Tab/Pelvic Cases (Diversifying Your Practice) <i>Michael S. Kain, MD</i>
7:58 AM	The Cases Will Come to Me (Tips on Building a Practice) <i>Paul S. Whiting, MD</i>
8:05 AM	Questions
8:15 AM	Good to Great is More than a Book (The Intangibles for Success from a Senior Surgeon) <i>Paul Tornetta III, MD</i>
8:23 AM	Good to Great is More than a Book (The Intangibles for Success from a Mid-Level Surgeon) <i>Hassan R. Mir, MD, MBA, FACS</i>
8:30 AM	<b>PANEL: My First Year in Practice (Perspectives from a Senior, Mid-Level and New Orthopaedic Trauma Surgeon)</b> <i>Paul Tornetta III, MD</i> <i>Hassan R. Mir, MD, MBA, FACS</i> <i>Erik A. Lund, MD</i>
8:50 AM	Summary and Questions
9:00 AM– 9:10 AM	Break



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**COURSE  
AGENDA, CONT'D**  
Thursday, 9.26.19

9:10 AM–  
10:45 AM

**MENTOR SESSION  
MEET THE EXPERTS**

Moderator: *Lisa K. Cannada, MD*

9:10 AM–  
9:25 AM

**PANEL**

*Stephen A. Kottmeier, MD*  
*Kyle Judd, MD*  
*Robert V. O'Toole, MD*  
*Julie Adams, MD*  
*Andrew H. Schmidt, MD*

**"Lessons Learned from Experience:  
What Would I Do Differently?"**

- **Tip Tip for Succeeding at Home**
- **Top Tip for Succeeding at Work**
- **Biggest Regret at Work**
- **My Best Accomplishment**

9:30 AM–  
10:15 AM

**TABLES**

10 Minute Rotations (Choose 5)

**Professionalism**

*James R. Ficke, MD, FACS*  
*Kenneth A. Egol, MD*

**A Day in the Life of an Academic  
Trauma Surgeon**

*Simon C. Mears, MD, PhD*  
*Raymond D. Wright, MD*

**A Day in the Life of a Private Practice  
Trauma Surgeon**

*Robert M. Harris, MD*  
*Chad M. Corrigan, MD*

**A Day in the Life of a Hospital  
Employed Trauma Surgeon**

*Emily Benson, MD*  
*Jonathan R. Helms, MD*

**Time Management**

*William T. Obrebskey, MD, MPH*  
*Reza Firoozabadi, MD*

**Being a Boss**

*Matthew A. Mormino, MD*  
*David C. Teague, MD*

**Getting Help: Developing Your  
Mentors and Networking**

*Brian H. Mullis, MD*  
*TBD*

**Top 10 Things You Can't Start  
Your Job Without**

*Jodi A. Siegel, MD*  
*Erik A. Lund, MD*

**Financial Management in Your  
Personal Life**

*Julie Adams, MD*  
*Andrew H. Schmidt, MD*

**Putting a Feather in Your CAP  
(Developing Career Action Plan)**

*Robert V. O'Toole, MD*  
*Michael J. Gardner, MD*

10:15 AM–  
10:45 AM

**INTERACTION WITH FACULTY**



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME). The Orthopaedic Trauma Association is accredited by the ACCME to provide continuing medical education for physicians.

The Orthopaedic Trauma Association designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.