

**Saturday, March 16, 2019**  
**Venetian/Sands Expo**  
**Room 4301**  
**7:25 am – 4:45 pm**



## Orthopaedic Trauma Association

### General Information

#### Description

The OTA Specialty Day features an energetic and entertaining agenda for trauma experts, generalists and international attendees focused on practical strategies for difficult clinical situations, best evidence for contemporary controversies, and highlights from the OTA annual scientific programs. The afternoon will feature a combined session with AOFAS.

#### Target Audience

This meeting is designed for orthopaedic surgeons and is beneficial to related allied health care professionals. OTA has created the program based on stated needs and interests expressed from previous Specialty Day attendee evaluations.

#### Educational Objectives

- Describe evidence-based recommendations for decision-making for common traumatic conditions
- Identify contemporary operative techniques to facilitate on-call management of challenging situations
- Apply best practices and recent research advances to your trauma or general practice.

#### Questions

Orthopaedic Trauma Association  
 9400 W. Higgins Rd., Suite 305  
 Rosemont, IL 60018  
 Phone: 847-698-1631  
 Email: [ota@ota.org](mailto:ota@ota.org)

#### Accreditation

#### Credit Hours

5.5 AMA PRA Category 1 Credits™.

#### Program Committee Leadership

**David C. Teague, MD, Program Chair**

*Chad P. Coles, MD, Michael J. Gardner, MD,  
 Clifford B. Jones, MD, Stephen A. Kottmeier, MD,  
 Nirmal C. Tejwani, MD, FRCS*

7:25 am – 7:30 am **Welcome**  
*David C. Teague, MD, OTA President*

**7:30 am – 8:25 am Session I: Orthopaedic Trauma Hot Topics**

**Moderator:** *Nirmal C. Tejwani, MD*

7:30 am – 7:45 am Proximal Humerus Fractures  
 (Brian vs Brian)  
*Brian Solberg, MD – Non-op  
 Brian Mullis, MD – Op*

7:45 am – 8:00 am Hip Fractures: Long vs Short  
*William Min, MD – Long  
 Philipp Leucht, MD – Short*

8:00 am – 8:10 am Mangled Extremity: Never Amputate at  
 First Trip to OR  
*William J. Ertl, MD*

8:10 am – 8:25 am Nail or Plate: Distal Tibia  
*Daniel N. Segina, MD – Nail  
 Heather A. Vallier, MD – Plate*

**8:25 am – 9:20 am Session II: Postoperative Complications:  
 How to Get Out of this Mess (Case Based)**

#### Moderators:

*Stephen A. Kottmeier, MD  
 Clifford B. Jones, MD*

8:25 am – 8:55 am Resolve or Refer I  
 Moderator: *Stephen A. Kottmeier, MD*  
 Panelists:  
*Paul Tornetta, III, MD  
 J. Tracy Watson, MD*

8:55 am – 9:20 am Resolve or Refer II  
 Moderator: *Clifford B. Jones, MD*  
 Panelists:  
*Heather A. Vallier, MD  
 Philip R. Wolinsky, MD*

9:20 am – 9:40 am BREAK

**9:40 am – 10:40 am Session III: Fracture Timing and Open  
 Fracture EBM**

**Moderator:** *Nirmal C. Tejwani, MD*

9:40 am – 9:50 am Open Fractures: 6 Hour Rule; Can It Wait  
 Overnight?  
*Nirmal C. Tejwani, MD*

9:50 am – 10:00 am Talus Fractures: What is the Urgency?  
*Sean E. Nork, MD*

10:05 am – 10:10 am Q&A

10:10 am – 10:20 am Femoral Neck Fractures in the 30 Year  
 Old: Tonight?  
*Philip R. Wolinsky, MD*

10:20 am – 10:30 am Compartment Syndrome: Diagnosis;  
 Timing; Delayed?  
*Eric Kubiak, MD*

10:30 am – 10:40 am Q&A

**10:40 am – 11:40 am Session IV: Best Practice Mini Topics**

**Moderator:** *David C. Teague, MD*

10:40 am – 10:55 am Pain Management Guidelines–  
 Opioid/Nonopioid Regimens  
*Thomas F. Higgins, MD*

10:55 am – 11:10 am	DVT Prophylaxis in Lower Extremity Trauma <i>William T. Obremskey, MD</i>
11:10 am – 11:25 am	Timing of Hip Fracture Surgery – 48hrs? 24hrs? 6 hrs? <i>Mohit Bhandari, MD, PhD, FRCSC</i>
11:25 am – 11:40 am	Q&A
<b>11:40 am – 12:10 pm</b>	<b>Guest Speaker: What I Know Now</b>
	<b>Introduction:</b> <i>David C. Teague, MD</i> <i>Richard F. Kyle, MD</i> <i>OTA President 1991-1992</i> <i>Andrew R. Burgess, MD</i> <i>OTA President 1999-2000</i>
<b>12:10 pm – 1:10 pm</b>	<b>LUNCH BREAK</b>
	OTA Members-Only Business Meeting
<b>1:15 pm – 2:15 pm</b>	<b>Session V: Papers You Should Know About: 2018 OTA Annual Meeting Highlights</b>
	<b>Moderators:</b> <i>Michael J. Gardner, MD – 2018 Program Chair</i> <i>Stephen A. Kottmeier, MD – 2018 Program Co-Chair</i>
1:15 pm – 1:22 pm	Bovill Award Paper Presentation <b>Introduction:</b> <i>David C. Teague, MD</i>
1:22 pm – 1:27 pm	Discussion
1:27 pm – 2:15 pm	2018 OTA Annual Meeting Highlights <b>Michael J. Gardner, MD – 2018 Program Chair</b> <b>Stephen A. Kottmeier, MD – 2018 Program Co-Chair</b>
<b>2:15 pm – 2:30 pm</b>	<b>BREAK/Walk to AOFAS</b>



**Combined Specialty Day Meeting  
American Orthopaedic Foot &  
Ankle Society/ Orthopaedic  
Trauma Association  
Room 4101**

**2:30 pm – 4:45 pm**

<b>2:30 pm – 3:30 pm</b>	<b>Session 1: The Science: Rotational Ankle Fractures and the Syndesmosis: The Standard, The Latest, The Controversial</b>
	<b>Moderators:</b>
2:30 pm – 2:40 pm	The Only thing that Really Matters in the Lateral Column: Ignoring the Deltoid <i>Michael J. Gardner, MD</i>
2:40 pm – 2:50 pm	The Only Thing that Really Matters is the Deltoid: The Consequences of a Limited Field of View <i>TBD</i>
2:50 pm – 2:57 pm	OTA Paper: Posterior Malleolar Fixation Reduces the Need for Syndesmotic Screw Fixation in Rotational Ankle Injuries <i>Omar Behery, MD; Rajkishen Narayanan, MS; Abdullah Qatu, BS; Sanjit Konda, MD; Nirmal Tejwani, MD; Kenneth Egol, MD</i>
2:57 pm – 3:04 pm	Fractures of The Tibial Plafond: Does the presence or absence of a fibular fracture predict future morbidity? <b>Henry Boateng, MD, MSc; Chinenye Nwachuku, MD; Kempland C. Walley, BSc; Justin W. Walker; Rhett MacNeille, MD; Paul Tornetta, MD; J. Spence Reid, MD</b>
3:04 pm – 3:30 pm	Discussion and Cases
<b>3:30 pm – 4:15 pm</b>	<b>Session 2: The Cases: Hindfoot Trauma: I Hate Puzzles</b>
	<b>Moderators:</b> <i>David Thordarson, MD (AOFAS) and James R. Ficke, MD, FACS (OTA)</i>
3:30 pm – 3:40 pm	Trauma Case <i>James R. Ficke, MD, FACS and Joseph R. Hsu, MD</i>
3:40 pm – 3:50 pm	Foot & Ankle Case <i>Brian M. Weatherford, MD</i> <i>TBD</i>
3:50 pm – 4:15 pm	Discussion
<b>4:15 pm – 4:45 pm</b>	<b>Session 3: The Debate: The Midfoot: Fix It or Fuse It. Are These Joints Essentially Nonessential?</b>
	<b>Moderators:</b> <i>Donald R. Bohay, MD, FACS (AOFAS) and Clifford B. Jones, MD (OTA)</i>
	<b>Fuse It:</b> <i>J. Chris Coetzee, MD (AOFAS)</i> <i>Clifford B. Jones, MD (OTA)</i>
	<b>Fix It:</b> <i>TBD (AOFAS)</i> <i>Stephen K. Benirschke, MD (OTA)</i>
4:45 pm	Closing Remarks / Adjourn