

## **Ant/Post iliac Crest Graft Harvesting: Tips / Tricks**

### Iliac Crest Bone Graft –

Considered the “Gold Standard” for bone graft to stimulate osteogenesis

Cancellous bone of the pelvis is highly vascular and maintain hematopoietic or “red” marrow into adult years.

Can be harvested from anterior or posterior iliac crest.

### Techniques

#### Posterior Crest

Trap Door, Remove Door (Excise PSIS and harvest external crest)

Acetabular reamer

#### Anterior Crest

Trap Door, Remove door (Excise Columns in the internal iliac Fossa)

Acetabular reamer

### Morbidity

Pain, Instability, Infection

How does ICBG compare to other sources? RIA vs ICBG

### References

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