

2018 PA/NP Suture Skills Lab

Outline

- Goals of closure
- Types of material
- Suture techniques
- High risk wound strategies
- Lab stations

Goals of Closure

- Low Tension
- Soft tissue friendly
- Minimize scarring

Types of Suture Material

- Absorbable versus Non-absorbable
- Monofilament
 - PDS
 - Monocryl
 - Nylon
- Braided
 - Vicryl
 - Fiberwire
 - Ethibond

Suture Techniques

- Simple
- Figure of 8
- Horizontal Mattress
- Vertical Mattress
- Allgower-Donati
- Trauma (John Brown)

High Risk Wound Strategies

Lab Stations with instructors