2018 PA/NP Suture Skills Lab

Outline
- Goals of closure
- Types of material
- Suture techniques
- High risk wound strategies
- Lab stations

Goals of Closure
- Low Tension
- Soft tissue friendly
- Minimize scarring

Types of Suture Material
- Absorbable versus Non-absorbable
- Monofilament
  - PDS
  - Monocryl
  - Nylon
- Braided
  - Vicryl
  - Fiberwire
  - Ethibond

Suture Techniques
- Simple
- Figure of 8
- Horizontal Mattress
- Vertical Mattress
- Allgower-Donati
- Trauma (John Brown)

High Risk Wound Strategies

Lab Stations with instructors