

Saturday, March 16, 2019
Venetian/Sands Expo
Room 4301
7:25 am – 4:45 pm



Orthopaedic Trauma Association

General Information

Description

The OTA Specialty Day features an energetic and entertaining agenda for trauma experts, generalists and international attendees focused on practical strategies for difficult clinical situations, best evidence for contemporary controversies, and highlights from the OTA annual scientific programs. The afternoon will feature a combined session with AOFAS.

Target Audience

This meeting is designed for orthopaedic surgeons and is beneficial to related allied health care professionals. OTA has created the program based on stated needs and interests expressed from previous Specialty Day attendee evaluations.

Educational Objectives

- Describe evidence-based recommendations for decision-making for common traumatic conditions
- Identify contemporary operative techniques to facilitate on-call management of challenging situations
- Apply best practices and recent research advances to your trauma or general practice.

Questions

Orthopaedic Trauma Association
 9400 W. Higgins Rd., Suite 305
 Rosemont, IL 60018
 Phone: 847-698-1631
 Email: ota@ota.org

Accreditation

Credit Hours

6.5 AMA PRA Category 1 Credits™.

Program Committee Leadership

David C. Teague, MD, Program Chair

*Chad P. Coles, MD, Michael J. Gardner, MD,
 Clifford B. Jones, MD, Stephen A. Kottmeier, MD,
 Nirmal C. Tejwani, MD, FRCS*

7:25 am – 7:30 am **Welcome**
David C. Teague, MD, OTA President

7:30 am – 8:25 am Session I: Orthopaedic Trauma Hot Topics

Moderator: *Nirmal C. Tejwani, MD*

7:30 am – 8:25 am Proximal Humerus Fractures
 (Brian vs Brian)
*Brian Solberg, MD – Non-op
 Brian Mullis, MD – Op*

7:45 am – 8:00 am Hip Fractures: Long vs Short
*William Min, MD – Long
 Kenneth A. Egol, MD – Short*

8:05 am – 8:11 am Mangled Extremity: Never Amputate at
 First Trip to OR
William J. Ertl, MD

8:11 am – 8:25 am Nail or Plate: Distal Tibia (Dan vs Dan)
*Daniel N. Segina, MD – Nail
 Brian H. Mullis, MD – Plate*

**8:25 am – 9:20 am Session II: Postoperative Complications:
 How to Get Out of this Mess (Case Based
 with ARS)**

Moderators:

*Stephen A. Kottmeier, MD
 Clifford B. Jones, MD*

8:25 am – 8:55 am Resolve or Refer I
 Moderator: *Stephen A. Kottmeier, MD*
 Panelists:
*Paul Tornetta, III, MD
 J. Tracy Watson, MD*

8:55 am – 9:20 am Resolve or Refer II
 Moderator: *Clifford B. Jones, MD*
 Panelists:
*Heather A. Vallier, MD
 Robert F. Ostrum, MD*

9:20 am – 9:40 am BREAK

**9:40 am – 10:40 am Session III: Fracture Timing and Open
 Fracture EBM**

Moderator: *Nirmal C. Tejwani, MD*

9:40 am – 9:50 am Open Fractures: 6 Hour Rule; Can It Wait
 Overnight?
Nirmal C. Tejwani, MD

9:50 am – 10:00 am Talus Fractures: What is the Urgency?
Sean E. Nork, MD

10:05 am – 10:10 am Q&A

10:10 am – 10:20 am Femoral Neck Fractures in the 30 Year
 Old: Tonight?
Philip R. Wolinsky, MD

10:20 am – 10:30 am Compartment Syndrome: Diagnosis;
 Timing; Delayed?
Eric Kubiak, MD

10:30 am – 10:40 am Q&A

10:40 am – 11:40 am Session IV: Best Practice Mini Topics

Moderator: *David C. Teague, MD*

10:40 am – 10:55 am Pain Management Guidelines–
 Opioid/Nonopioid Regimens
Thomas F. Higgins, MD

10:55 am – 11:10 am DVT Prophylaxis in Lower

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| | Extremity Trauma <i>William T. Obremskey, MD</i> |
| 11:10 am – 11:25 am | Timing of Hip Fracture Surgery – 48hrs? 24hrs? 6 hrs? <i>Mohit Bhandari, MD, PhD, FRCSC</i> |
| 11:25 am – 11:40 am | Q&A |
| 11:40 am – 12:10 pm | Guest Speaker: What I Know Now |
| | Introduction: <i>David C. Teague, MD</i> <i>Andrew R. Burgess, MD</i> <i>OTA President 1999-2000</i> |
| 12:10 pm – 1:10 pm | LUNCH BREAK |
| | OTA Members-Only Business Meeting |
| 1:15 pm – 2:15 pm | Session V: Papers You Should Know About: 2018 OTA Annual Meeting Highlights |
| | Moderators: <i>Michael J. Gardner, MD –</i> <i>2018 Program Chair</i> <i>Stephen A. Kottmeier, MD –</i> <i>2018 Program Co-Chair</i> |
| 1:15 pm – 1:22 pm | Bovill Award Paper Presentation Introduction: <i>David C. Teague, MD</i> |
| 1:22 pm – 1:27 pm | DISCUSSION |
| 1:27 pm – 2:15 pm | 2018 OTA Annual Meeting Highlights Michael J. Gardner, MD – 2018 Program Chair Stephen A. Kottmeier, MD – 2018 Program Co-Chair |
| 2:15 pm – 2:30 pm | BREAK/Walk to AOFAS |



**Combined Specialty Day Meeting
American Orthopaedic Foot &
Ankle Society/ Orthopaedic
Trauma Association
Room 4101**

2:30 pm – 4:45 pm

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| 2:30 pm – 3:30 pm | Session 1: The Science: Rotational Ankle Fractures and the Syndesmosis: The Standard, The Latest, The Controversial |
| 2:30 pm – 2:40 pm | The Only thing that Really Matters in the Lateral Column: Ignoring the Deltoid <i>Michael J. Gardner, MD</i> |
| 2:40 pm – 2:50 pm | The Only Thing that Really Matters is the Deltoid: The Consequences of a Limited Field of View <i>TBD (AOFAS)</i> |
| 2:50 pm – 2:57 pm | OTA Paper: Posterior Malleolar Fixation Reduces the Need for Syndesmotic Screw Fixation in Rotational Ankle Injuries <i>Omar Behery, MD; Rajkishen Narayanan, MS; Abdullah Qatu, BS; Sanjit Konda, MD; Nirmal Tejwani, MD; Kenneth Egol, MD</i> |
| 2:57 pm – 3:04 pm | Fractures of The Tibial Plafond: Does the presence or absence of a fibular fracture predict future morbidity? Henry Boateng, MD, MSc; Chinenye Nwachuku, MD; Kempland C. Walley, BSc; Justin W. Walker; Rhett MacNeille, MD; Paul Torretta, MD; Spence Reid, MD |
| 3:04 pm – 3:30 pm | DISCUSSION AND CASES |
| 3:30 pm – 4:15 pm | Session 2: The Cases: Hindfoot Trauma: I Hate Puzzles |
| | Moderators: <i>David Thordarson, MD (AOFAS) and TBD (OTA)</i> Panelists: <i>Brian Weatherford, MD (AOFAS)</i> <i>Mark Glazebrook, MD (AOFAS)</i> |
| 3:30pm – 3:40pm | Trauma Case <i>TBD</i> |
| 3:40pm – 3:50pm | Foot & Ankle Case <i>Brian M. Weatherford, MD</i> <i>Mark A. Glazebrook, MD, MSc, PhD</i> |
| 3:50pm – 4:15pm | Discussion |
| 4:15 pm – 4:45 pm | Session 3: The Debate: The Midfoot: Fix It or Fuse It. Are These Joints Essentially Nonessential? |
| | Moderators: <i>Donald R. Bohay, MD, FACS (AOFAS) and Clifford B. Jones, MD (OTA)</i> |
| | Fuse It: <i>J. Chris Coetzee, MD (AOFAS)</i> |
| | Fix It: <i>TBD (AOFAS)</i> <i>Clifford B. Jones, MD (OTA)</i> |
| 4:45 pm | Closing Remarks / Adjourn |