Friday, October 9, 2015

8:00 am – 9:30 am
Critical Aspects of Orthopaedic Trauma in 2015 that Can Impact your Financial Future
Moderator: Peter Althausen, MD, MBA
Faculty: Timothy Bray, MD; Austin Hill, MD, MPH; Chris McBride, MBA; Justin Walker, MD; Anthony Williams ChFC, RFC, CLU

The objective of this symposium is to provide orthopaedic trauma surgeons with an overview of the most important economic aspects of Orthopaedic Trauma which can affect all of us over the coming year. It is vital that we all understand the economic opportunities that exist nationwide to support our trauma systems, private practices, hospitals and personal finances.

8:00 am – 9:30 am
NSAIDs and Bone Healing: Clinical Practice and Understanding the Discrepancies in the Literature
Moderator: Anna N Miller, MD
Faculty: Kamal Ajam, MD; Farshid Guilak, PhD; Alejandro Marquez-Lara, MD; Steven A Olson, MD

The purpose of this session is to discuss the value of various pain management modalities around the time of orthopaedic surgery or trauma, with an emphasis on the use of NSAIDs. Additionally, participants will be able to critically analyze the quality of the published literature that evaluates the impact of NSAIDs on bone healing as well as to highlight possible causes for the variability in the interpretation of these reports. The clinical scenarios where it is considered safe and effective to use NSAIDs for the management of postoperative pain will be discussed.

8:00 am – 9:30 am
Educating in Fracture Surgery
Moderator: Samir Mehta, MD
Faculty: Tim Achor, MD; Jaimo Ahn, MD; Matthew Graves, MD

Education is a critical component of our obligation as orthopaedic surgeons. With the decrease in work hours, increase in fellows, and utilization of advanced providers, optimizing educational opportunities is critical.

1:15 pm – 2:45 pm
Pelvic Ring Disruption Decision Making: Assessment of Stability, Strategies of Fixation, and Determining What Needs To Be Fixed
Moderator: Jason Nascone, MD
Faculty: Joshua L Gary, MD; Pierre Guy, MD; Conor P Kleweno, MD; H Claude Sagl, MD; Adam J Starr, MD

This session will provide case-based examples with audience interaction to help the participant understand stability as it relates to pelvic ring disruptions. In addition the participants will learn strategies as to when fixation is needed and in what locations of the pelvis.

Panel will also discuss individual indications for fixation as well as decision making process.

1:15 pm – 2:45 pm
Developing a Successful Clinical Research Program
Moderator: Heather A Vallier, MD
Faculty: Mary Breslin, MD; William T Obremskey, MD

This mini-symposium is designed for practitioners, research personnel, and physicians in training who aspire to develop a successful clinical research program. Key elements and resources will be described. Efficient and compliant data management strategies will be reviewed. Opportunities for collaboration will be demonstrated.

1:15 pm – 2:45 pm
Rib Fracture Fixation and the Surgical Management of Flail Chest Injuries: State of the Art
Moderator: Michael D McKee, MD
Faculty: Peter Althausen, MD; Niloofar Dehghan, MD; Aaron Nauth, MD; Emil H Schemitsch, MD; Gerard Slobogean, MD

Rib fracture fixation in the setting of the flail or unstable chest wall injuries in trauma patients is gaining in popularity. Although it is a non-traditional area of surgical fixation, there is some preliminary evidence that stabilization of flail chest injuries may significantly decrease patient morbidity and improve outcomes. Increasingly, orthopaedic trauma surgeons are becoming involved in the surgical management and care of these patients. This symposium will examine the history, techniques, current status, and future of rib fracture fixation.

4:30 pm – 5:45 pm
Getting Your Fragility Fracture Program Off the Ground: A Primer for the Orthopaedic Trauma Surgeon
Moderator: James A Goulet, MD
Faculty: Kyle J Jeray, MD; Clifford B Jones, MD; Joseph M Lane, MD; Debra Sietsema, MD

Orthopaedic surgeons are confronting a higher frequency of fragility fractures in their practices, as well as a considerably higher expectation that their practices will diagnose and treat the underlying basis of fragility fractures in their practices. This mini-symposium will expose attendees to methods for managing fragility fractures, and will review successful strategies for establishing and running their own fragility fracture services.

4:30 pm – 5:45 pm
The Social Savvy Surgeon: Strategies to Manage Your Online Reputation and Enhance Patient Care
Moderator: Lisa K Cannada, MD
Faculty: Howard Luks, MD; Steven Mora; Jeffrey Smith, MD; Lisa Taitsman, MD

This session will arm attendees with the knowledge necessary to understand and skillfully navigate the

Pre-Registration Deadline September 30, 2015; On-site Registration - additional $100. See Page 59.
social media healthcare realm. The emphasis will be on WHY this may be a necessity and will educate surgeons on the use of health care social media.

Attendees will walk away with an understanding of the benefits and risks associated with social media use and how it can affect their on-line reputation. This session will also explore how physician use of social media can enhance the care and improve outcomes of patients.

Saturday, October 10, 2015

9:30 am - 11:00 am
Management of Soft Tissue Defects in the Mangled Extremity
Moderator: Raymond A Pensy, MD
Faculty: H Michael Frisch, MD; Joseph Hsu, MD; Stephen J Kovach III, MD

This “Orthoplastics” Mini-Symposium will cover recent data regarding extremity (lower and upper) salvage vs amputation, covering and expanding upon the METAL-PeriS data. This symposium will cover non-microsurgical (muscle flap expansion, propeller / perforator flaps) and advanced micro-surgical options for recalcitrant non-unions (e.g. medial femoral condyle) Finally, this symposium will cover the current concepts of further promoting the integration of the micro-vascular and orthopaedic surgeon.

9:30 am - 11:00 am
The Treatment of Periprosthetic Fractures in 2015: Can We Reach a Consensus?
Moderator: Emil H Schemitsch, MD
Faculty: George Haidukewych, MD; Michael D McKee, MD; Aaron Nauth, MD

Peri-prosthetic fractures are increasing in frequency and complexity as the number patients with a joint replacement, and their activity levels post-surgery, steadily rise. The failure rate of operative intervention remains higher than that seen with other fractures and there remains significant room for improvement in the care of these injuries. A primary goal of the symposium will be to achieve consensus opinions on many current issues and controversies regarding the treatment of peri-prosthetic fractures.

11:00 am – 12:15 pm
From Good to Great: Improving your Treatment of Pelvic Trauma
Moderators: Jaimo Ahn, MD and Derek Donegan, MD
Faculty: Andrew R Burgess, MD; David L Helfet, MD; Milton L 'Chip' Routt, MD; H Claude Sagi, MD; Adam J Starr, MD

So you think you’re an pelvic trauma surgeon. You’re on the steep part of the learning curve and feeling like you’re doing okay. Sometimes, things go great in the OR and your CTs look right on. Sometimes they don’t quite go so perfect and, to top it all off, you’re not always sure why or how to make it better. We’ve assembled some of our most trusted and experienced pelvis surgeons to help get you from good to great.

11:00 am – 12:15 pm
Disaster Management: Are You Prepared?
Moderator: Samir Mehta, MD
Faculty: Paul T Appleton, MD; James C Krieg, MD; Christian N Mamczak, DO; Saqib Rehman, MD

Given the nature of geo-politics as well as the changing environment, orthopeadic trauma needs to be on the forefront in disaster management and acts of terror. The goal of this symposia is to provide concrete examples of disaster scenarios and management techniques. In addition, the goal is to provide the participant with tools to develop a local plan to address a catastrophic event.

11:00 am – 12:15 pm
The 8 Practices of Highly Successful Surgeons
Moderator: Jeffrey M Smith, MD
Faculty: Virginia Aherin, CPC; Tambre Leighn, CPC; Chris Moody, CPC

A rewarding and fulfilling surgical practice is more than the next surgical procedure. Athletes, performers, business owners and other professionals create a high level of success that is sustainable when they spend a comparable amount of time and energy learning, understanding and implementing practices that address areas beyond their specific trade or skill. This program gives an overview of the 8 essential practices and demonstrates where our standard training methods in medical school, residency, fellowship and practice actually lead to burnout or less fulfilling practice survival skills. This interactive session will also help each surgeon create action plans to create best practices for a sustainable lifestyle-friendly practice starting with energy and wellness, work-life balance, and complex problem solving (EMR, staff turnover, surgery scheduling, dealing with administrators, and so on.)