

Orthopaedic Trauma for NPs and PAs

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Keith Zurmehly, PA-C, Program Chairs

Target Audience

This course is intended for PAs and NPs who are practicing in orthopaedics inpatient/outpatient or caring for orthopaedic injuries in ER/UC/General Trauma Services.

The Physician Assistant Review Panel is pleased to award a maximum of 18.5 hours of AAPA Category 1 CME Credit to the program entitled Orthopaedic Trauma for NP's and PA's provided by the Orthopaedic Trauma Association.

Forum Objectives

- Identify injury characteristics and integrate treatment strategies for multiple injury patients.
- Demonstrate and apply surgical skills for the application of external fixators for provisional stabilization.
- Compare and contrast fractures and treatment strategies for fractures about the knee.
- Employ and critique surgical skills involved in distal femoral and proximal tibia open reduction and internal fixation.
- Discuss the management algorithms and controversies encountered with the care of complex foot and ankle trauma.
- Recognize and review common complications encountered in the care of fractures and injuries.
- Examine and evaluate the operative treatment of upper extremity fractures.
- Apply and practice techniques for fixation of common upper extremity fractures.

Thursday, October 10, 2013

1:00 pm–2:30 pm **The Polytraumatized Patient**

Moderator: Raymond D Wright, Jr, MD

- 1:00 pm **Assessing the Multiply Injured Patient - The Orthopaedic ABC's**
- 1:15 pm **Staged Treatment and Provisional Stabilization**
- 1:30 pm **Pelvic Ring Injuries - Evaluation, X-Ray Sheets and Binders**
- 1:45 pm **Compartment Syndrome - What To Do**
- 2:00 pm **Open Fractures - Classification, Debridement, Antibiotics and Treatment**
- 2:15 pm **Questions and Case Discussions**
- 2:45 pm **Break and Transition to Labs**
- 3:00 pm **Skills Lab**
2 Labs with 45 minute rotating sessions
- 3:00 pm **Spanning Knee Ex Fix**
Theodore Toan Le, MD
Faculty, Lab Leader
- 3:00 pm **Spanning Ankle Ex Fix**
Anna N Miller, MD
Faculty, Lab Leader
- 4:30 pm–4:45 pm **Break and Transition to President's Message**

4:46 pm–5:16 pm

*President's
Message*

Andrew H Schmidt, MD

**President's Message:
Standardization and Systems:
Steps We Must Take (Together)**



Friday, October 11, 2013

6:30 am–7:45 am **Sessions**

PA/NP's welcome to attend

- 6:30 am **Case Presentation**
The Challenging Hip Fracture: Pearls and Pitfalls
Amer J Mirza, MD; Darin Freiss, MD;
Erik Kubiak, MD; Edward A Perez, MD
- 6:30 am **Case Presentation**
Proximal Humerus ORIF – Advances in Fixation and Augmentation
Michael J Gardner, MD; Samir Mehta, MD;
Clifford B Jones, MD
- 6:30 am **Case Presentation**
2 Minutes / 2 Slides: Ankle Injuries Technical Tips and Tricks
Pierre Guy, MD, MBA; Kenneth A Egol, MD;
Timothy O White, MD; David W Sanders, MD;
Paul Torretta, III, MD
- 6:30 am **Case Presentation**
Distal Humerus Fractures: Tips and Tricks
Utku Kandemir, MD; Michael D McKee, MD;
Milan K Sen, MD; John T Gorczyca, MD
- 6:30 am **Skills Lab**
(SL1) Fixation of Clavicle Fractures
Lab Leader: Gregory M Osgood, MD
Daren P Forward, MD; Julie Keller, MD;
CDR Joseph E Strauss, DO; Erik Hasenboehler, MD;
David B Weiss, MD; Emil H Schemitsch, MD
- 6:30 am **Skills Lab**
(SL2) ORIF Distal Tibia and Fibula Fractures
Lab Leader: Matt L Graves, MD
Faculty TBD

- 8:00 am–9:00 am Fractures About The Hip and Knee I**
Moderator: Christina L Boulton, MD
 8:00 am Femoral Neck Fractures - Fix It Or Replace It
 8:15 am Subtroch/Intertroch - Plates and ORIF
 8:30 am Subtroch/Intertroch - IM Nails
 8:45 am Femoral Shaft Fractures - Entry Portals
 9:00 am Break and Transition to Border Lecture
 9:15 am Border Lecture

Border Lecture

Bruce D Browner, MD

Skeletal Trauma: Global Conundrum



9:45 am Break and Transition to PA/NP Session

- 10:00 am–11:15 am Fractures About The Hip and Knee II**
Moderator: Christina L Boulton, MD

- 10:00 am Supracondylar Femur - Tips and Tricks For Reduction and Fixation
 10:15 am Tibial Plateau Fractures - One Incision Versus Two Incisions - When?
 10:30 am Tibial Shaft Fractures - Transpatellar Or Suprapatellar Entry
 10:45 am Questions and Case Discussions

11:15 am–12:30 pm Lunch Break

12:30 pm–2:00 pm Skills Lab

2 Labs with 45 minute rotating sessions
 Distal Femoral Locked Plating
Christopher M McAndrew, MD
Faculty, Lab Leader
 Proximal Tibia Plating
TBD

2:00 pm–2:15 pm Break and Transition to PA/NP Session

2:15 pm–3:45 pm Expert Panel and Case Discussions - Foot and Ankle

Moderator: Ryan P Finnan, MD
 Ankle, Pilon, Calcaneus, Talus, Lisfranc, Crush Foot, Etc.

3:45 pm–4:00 pm Break

4:00 pm–5:30 pm Expert Panel and Case Discussions - Fracture Complications

Moderator: Hassan R Mir, MD
 Wound Infection, Osteomyelitis, Malunion, Nonunion, Etc.

- 6:30 am Case Presentation
 The Isolated Humerus: Not All Belong in the Sarmiento
Lisa K Cannada, MD; William T Obremskey, MD; Clifford B Jones, MD

- 6:30 am Skills Lab
(SL6) ORIF Distal Radius Fractures
Lab Leader: Melvin P Rosenwasser, MD
Michael D McKee, MD; Jesse B Jupiter, MD; Thomas F Varecka, MD; R Kumar Kadiyala, MD

8:00 am–10:30 am Upper Extremity Fractures

Moderator: John D Wyrick, MD

- 8:00 am Clavicle Fractures - When To Fix Them
 8:15 am Proximal Humerus Fractures - ORIF Or IM Nail - Which Is Better
 8:30 am Humeral Shaft Fractures - Approaches and Techniques
 8:45 am Supracondylar Humerus Fractures - Reduction and Fixation Options

9:00 am–9:15 am Break

9:15 am Elbow Dislocations - What Are The Issues

- 9:30 am Olecranon Fractures - Plates, Tension Bands Or IM Nails?
 9:45 am Distal Radius Fractures - Volar Or Dorsal?

10:00 am–10:30 am Questions and Case Discussions

10:30 am–10:45 am Transition to Labs

10:45 am–12:15 am Skills Lab

2 Labs with 45 minute rotating sessions
 Clavicle ORIF
Jaimo Ahn, MD, PhD;
Faculty, Lab Leader
 Distal Radius Volar Plating
Gregory L DeSilva, MD
Faculty, Lab Leader

12:15 pm–12:45 pm Lunch Break

12:30 pm–2:00 pm **Sessions**
 PA/NP's welcome to attend

12:30 pm–2:00 pm **Mini-Symposium**
Management of Pediatric Trauma Urgencies / Emergencies
David A Podeszwa, MD; Christine A Ho, MD; Anthony I Riccio, MD; Lane Wimberly, MD

12:30 pm–2:00 pm **Mini-Symposium**
Rib Fracture Fixation in 2013: Lunatic Fringe or State of the Art?
Michael D McKee, MD; Timothy J Bray, MD; Noloofar Dehghan, MD; Aaron Nauth, MD; Morad Hameed, MD; Emil H Schemitsch, MD; Gerard P Slobogean, MD

Saturday, October 12, 2013

- 6:30 am–7:45 am **Sessions**
 6:30 am Case Presentation
 Surgical Treatment of Pediatric Femur Fractures, Current Concepts
Enes Kanlic, MD, PhD; Amr A Abdelgawad, MD; J Eric Gordon, MD; Marc F Swiontkowski, MD
 6:30 am Case Presentation
 Management of Pelvic and Acetabulum Fractures
Paul Tornetta, III, MD; Thomas F Higgins, MD; Robert V O'Toole, MD; Philip R Wolinsky, MD