

Proximal Tibial Nailing

OTA Specialty Day 2017

Fundamental Concepts:

1. Semiextended Nailing
2. Starting point
3. Reduction techniques – blocking techniques, clamp, plating
4. Augmentation of stability- screws, plates

[Injury](#). 2016 Oct;47(10):2087-2090. doi: 10.1016/j.injury.2016.07.024. Epub 2016 Jul 21.

Comparison between suprapatellar and parapatellar approaches for intramedullary nailing of the tibia. Cadaveric study.

[Zamora R](#)¹, [Wright C](#)², [Short A](#)³, [Seligson D](#)⁴.

[Injury](#). 2016 Apr;47(4):958-61. doi: 10.1016/j.injury.2015.12.025. Epub 2016 Jan 18.

Surgical approaches to intramedullary nailing of the tibia: Comparative analysis of knee pain and functional outcomes.

[Bakhsh WR](#)¹, [Cherney SM](#)², [McAndrew CM](#)², [Ricci WM](#)², [Gardner MJ](#)³

[J Orthop Trauma](#). 2014 May;28(5):245-55. doi: 10.1097/BOT.0000000000000082.

Semiextended intramedullary nailing of the tibia using a suprapatellar approach: radiographic results and clinical outcomes at a minimum of 12 months follow-up.

[Sanders RW](#)¹, [DiPasquale TG](#), [Jordan CJ](#), [Arrington JA](#), [Sagi HC](#)

Controversies in the Intramedullary Nailing of Proximal and Distal Tibia Fractures

Tejwani, Nirmal MD; Polonet, David MD; Wolinsky, Philip R. MD

Journal of the American Academy of Orthopaedic Surgeons:

[October 2014 - Volume 22 - Issue 10 - p 665–673](#)

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Instructional Course Lecture