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Lateral Plateau Clamps for Medial Plateau Fractures

- **Tibial Plateau Fracture Dislocation Patterns**
 - **Recognition/Identification**
 - **Medial distal femur follows medial plateau**
 - **Lateral plateau wide relative to lateral femur**
 - **Beware of neurovascular injury**
 - **Provisional Management/Timing**
 - **Consider spanning ex-fix**
 - **Pins out of zone of injury**
 - **Pins out of zones of future hardware**
 - **Delay definitive management until soft tissues amenable**
 - **Definitive Management**
 - **Reduce fracture and reduce subluxation**
 - **Clamp from medial joint line to lateral plateau**
 - **Medial buttress plate**
 - **Manage associated lateral fracture components via separate lateral approach**
 - **Lateral fixation as needed**

