

ORTHOPAEDIC TRAUMA BOOT CAMP

Daniel S. Horwitz, MD & Erik Kubiak, MD
Program Chairs

Attendees of this activity can earn up to
12.75 AMA PRA Category 1 Credits™

Target Audience

This course is intended for the practicing orthopaedic surgeon who takes emergency room or trauma call. Current techniques in orthopaedic care will be stressed with attention to appropriate soft tissue management and up-to-date implant selection. Case discussions will be used for interactive learning and audience participation..

Learning Objectives

Upon successful completion of this course, you will be able to:

- ◆ Review current indications for operative and non-operative treatment of fractures and dislocation
- ◆ To review in detail intraoperative techniques and complication related to simple and complex fracture management
- ◆ Demonstrate appropriate surgical techniques, approaches and implant selections for fracture care

Agenda

Wednesday, October 5, 2016

6:30 am **Registration and Breakfast**

7:00 am **Welcome**
Daniel S. Horwitz, MD
Erik Kubiak, MD

Upper Extremity

Moderator: **Thomas F. Varecka, MD**

7:05 am **Plating Clavicle Fractures - When and How**
Steven J. Morgan, MD

7:25 am **Nailing and Plating Proximal Humerus Fractures - When and How**
William M. Ricci, MD

7:45 am **Distal Humerus Fractures Plating - When and How**
James A. Goulet, MD

8:05 am **Distal Radius Fractures - Always Volar? Graft? 2nd Plate?**
Thomas F. Varecka, MD

8:25 am Questions / Discussion

8:35 am **Case Presentations to Panel**
James A. Goulet, MD

Orthopaedic Urgencies/ Emergencies

Moderators: **Hassan R. Mir, MD, MBA, FACS**
J. Tracy Watson, MD

9:00 am **Getting Through the Night - What Needs to Go in the Dark**
Hassan R. Mir, MD, MBA, FACS

9:20 am **Case Presentations**
Open Fractures, Orthobiologics
J. Tracy Watson, MD

10:00 am Refreshment Break

10:20 am **Practical Technique Lab with Case Discussions - Proximal Humerus Fractures**

Lab Leader: **Frank A. Liporace, MD**

Practical Technique Lab with Case Discussions - Distal Humerus

Lab Leader: **Erik Kubiak, MD**

Hip Fractures

Moderator: **Frank A. Liporace, MD**

11:00 am **Intertrochanteric Fractures - When to Plate? When to Nail Short?**
Jeffrey O. Anglen, MD

11:20 am **Subtrochanteric Fractures - Techniques for Reduction and Fixation**
J. Tracy Watson, MD

11:40 am **Femoral Neck Fractures - Elderly**
Frank A. Liporace, MD

12:00 pm **Femoral Neck Fractures - Young**
Robert F. Ostrum, MD

12:20 pm Questions / Discussion
Jeffrey O. Anglen, MD
J. Tracy Watson, MD
Frank A. Liporace, MD
Robert F. Ostrum, MD

12:35 pm Lunch and Cases
Daniel S. Horwitz, MD and Erik Kubiak, MD

Femoral Shaft / Supracondylar Femur Fractures

Moderator: **Clifford B. Jones, MD**

1:25 pm **Pelvic Fractures- What is Stable, What Will/Could Fool You**
Erik Kubiak, MD

1:45 pm **Femoral Nailing - Where to Start, Tips and Tricks**
Peter V. Giannoudis, MD

2:05 pm **Periprosthetic Fractures Around TKA**
Clifford B. Jones, MD

ORTHOPAEDIC TRAUMA BOOT CAMP, continued

Wednesday, October 5, 2016, cont'd

- 2:25 pm **SC Femur Fractures - Techniques for Intra-articular Reduction and Fixation**
Timothy S. Achor, MD
- 2:45 pm Questions and Discussion
Erik Kubiak, MD
Peter V. Giannoudis, MD
Clifford B. Jones, MD
Timothy S. Achor, MD
- 2:55 pm Travel to Labs

3:00 pm **Practical Technique Lab with Case Discussions – Pilon Fractures**

Lab Leader: **Saqib Rehman, MD**

Practical Technique Lab with Case Discussions – Extended Nailing - Tibial Shaft

Lab Leader: **Michael Suk, MD, JD**

Knee

Moderator: **Daniel S. Horwitz, MD**

- 3:40 pm **Spanning Ex-Fix - When and How**
Saqib Rehman, MD
- 4:00 pm **Extensor Mechanism Injury - How to Fix**
Michael Suk, MD, JD
- 4:20 pm Question and Discussion
Daniel S. Horwitz, MD
Saqib Rehman, MD
Michael Suk, MD, JD
- 4:30 pm Adjourn

Thursday, October 6, 2016

6:30 am **Breakfast**

Tibia

Moderator: **Philip R. Wolinsky, MD**

- 7:00 am **Case Presentations - Hip, Femur, Knee**
Daniel S. Horwitz, MD
- 7:40 am **Plateau Fractures - Techniques for Reduction, Choice of Approach and Implant**
Amer J. Mirza, MD
- 8:00 am **Tibial Shaft - Proximal and Distal Fractures**
Paul Tornetta III, MD
- 8:20 am **Pilon Fractures - Common Sense Approach to the Simple Patterns**
Philip R. Wolinsky, MD
- 8:40 am Questions and Discussion
Amer J. Mirza, MD
J. Tracy Watson, MD
Philip R. Wolinsky, MD
- 9:00 am **Case Presentations - Tibial Malreduction, Nonunion, and Early Failures**
Amer J. Mirza, MD
J. Tracy Watson, MD
Philip R. Wolinsky, MD
- 9:40 am Refreshment Break

Foot and Ankle

Moderator: **Joshua Langford, MD**

- 10:00 am **Ankle Fractures in the Elderly, Osteoporotic, and Neuropathic Patient**
Daniel S. Horwitz, MD
- 10:20 am **Hindfoot and Midfoot Fracture/Dislocation - How and When to Temporize**
Joshua Langford, MD
- 10:40 am Cases and Discussion
Daniel S. Horwitz, MD
Joshua Langford, MD
- 11:00 am Adjourn