Accessory Reduction Techniques for Peri-articular Fractures (Tips & Tricks)

> Samir Mehta, MD University of Pennsylvania



#### Not Penn Approved





#### Not Penn Approved



So proud ...

**Recruit patients** 

Encourage referrals

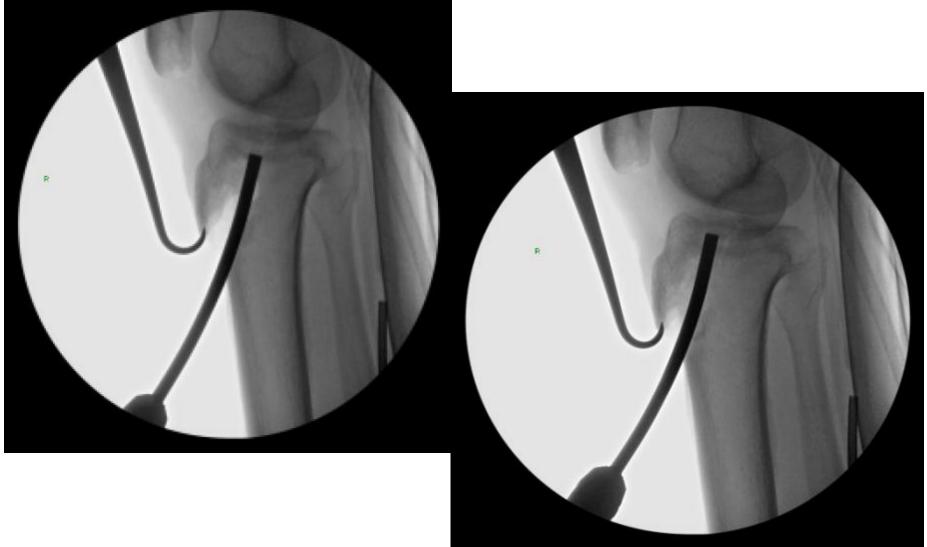
Ironic ...



### Smaller is Better!

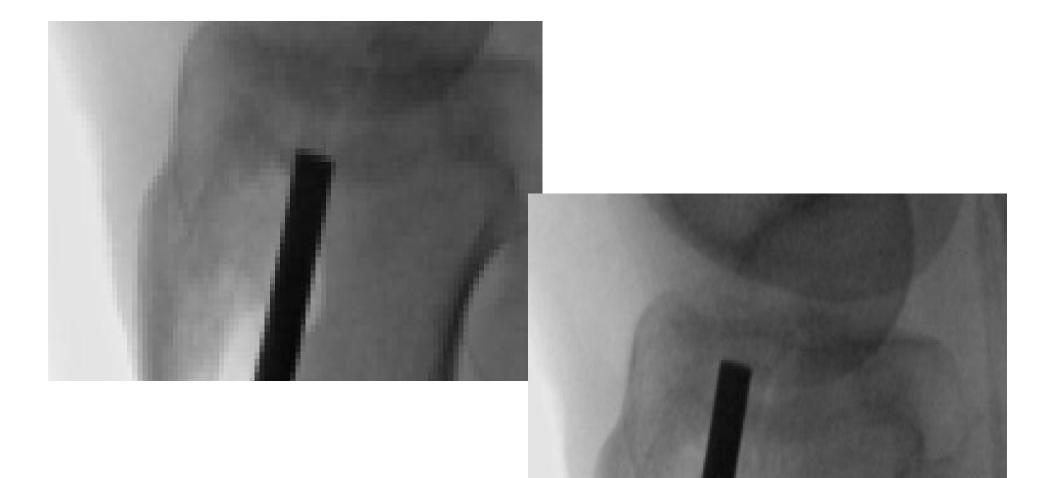


## Intra-op





## Intra-op



### Intra-Op: Reduction Tool







### Intra-Op







#### Intra-Op





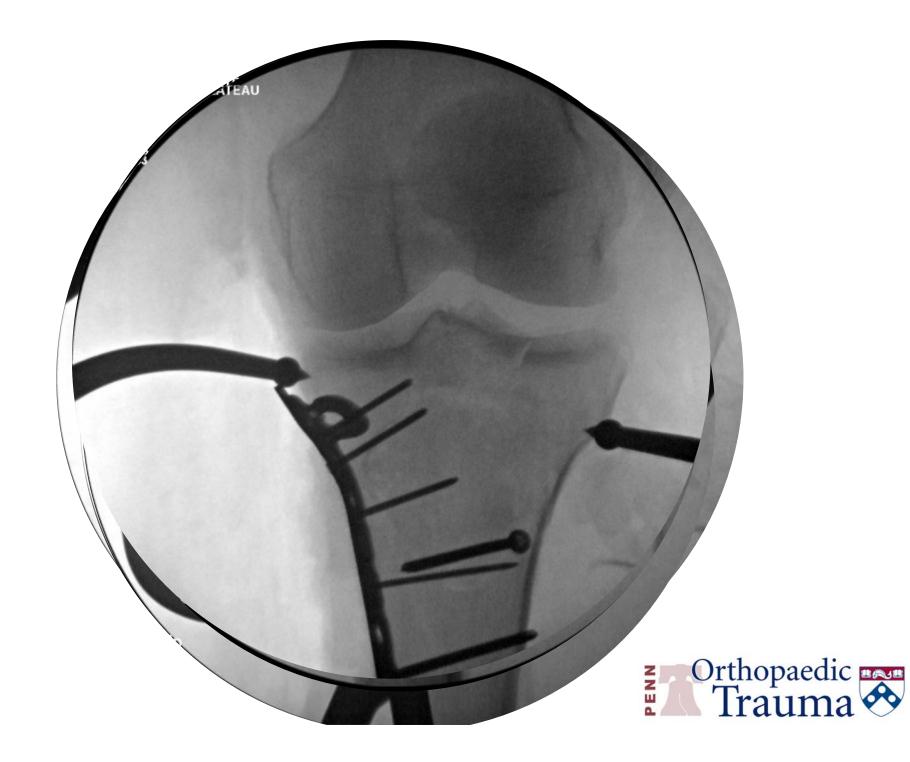


#### HSMVC - Ex-Fix









### **Application of Surface Implants**





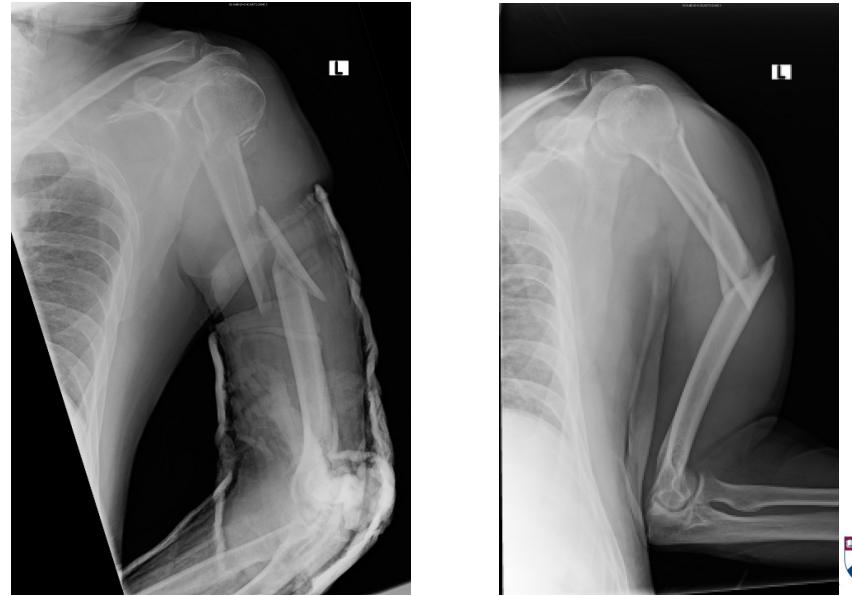
# OIF

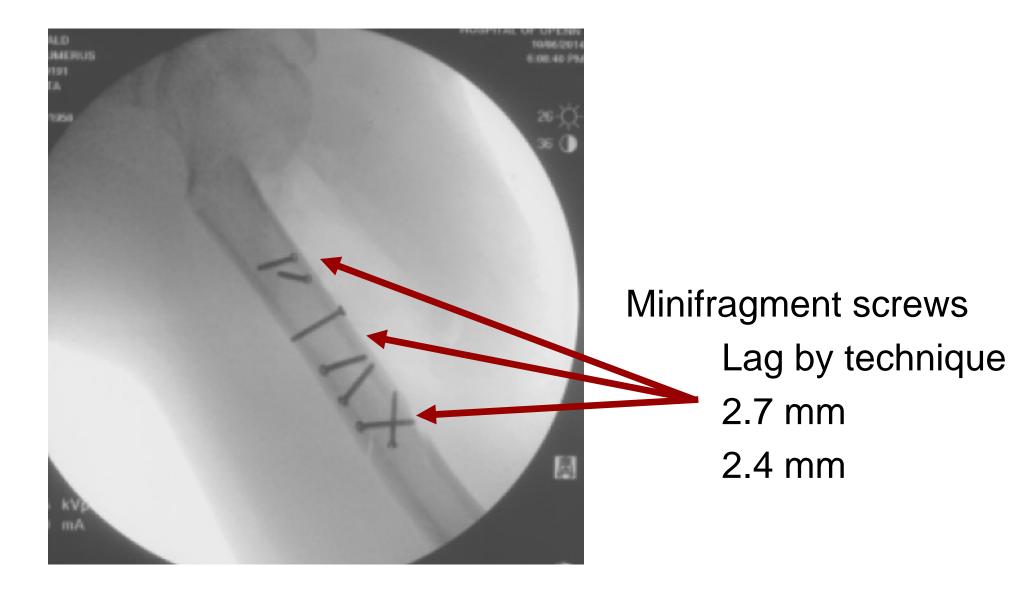
- 69 yo Firefighter
- Plan
  - Cut it off?
  - Distractor
  - Fix Fibula
  - Reduce pilon
  - Pray



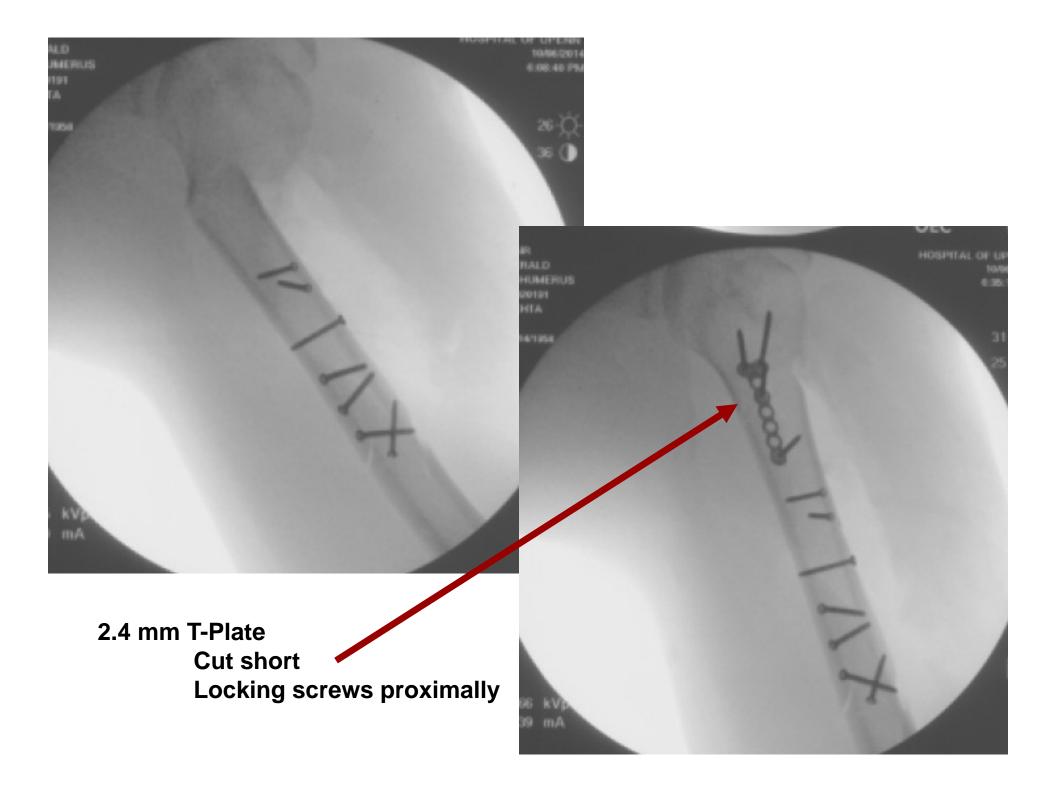


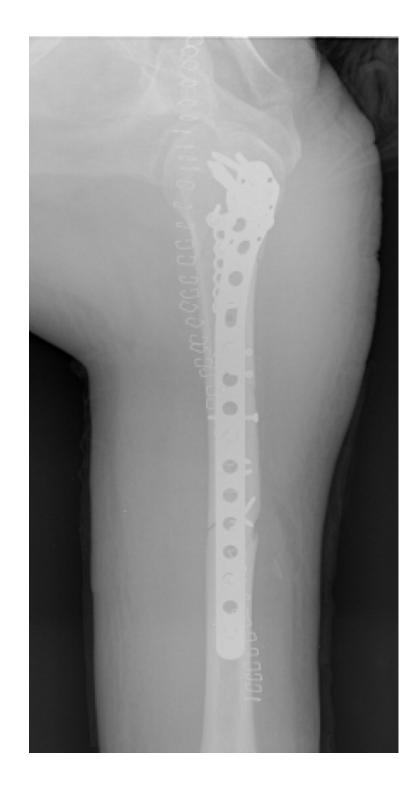
### GB: 47 yo m, ETOH, stairs vs arm

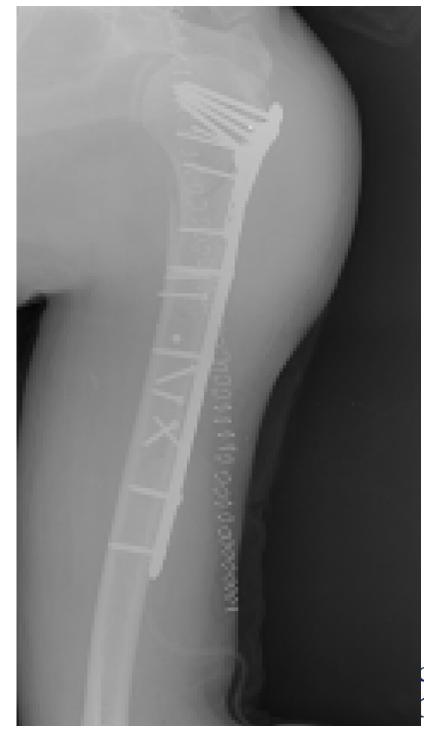














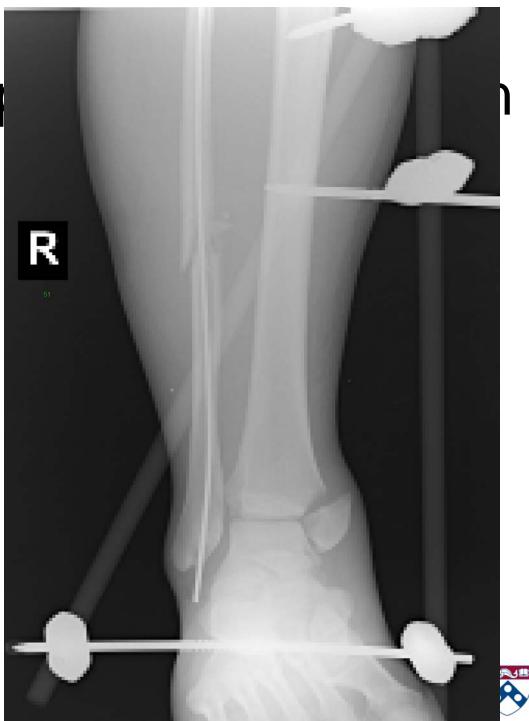
### DC: 32 yo m, bipolar, ? mech, open

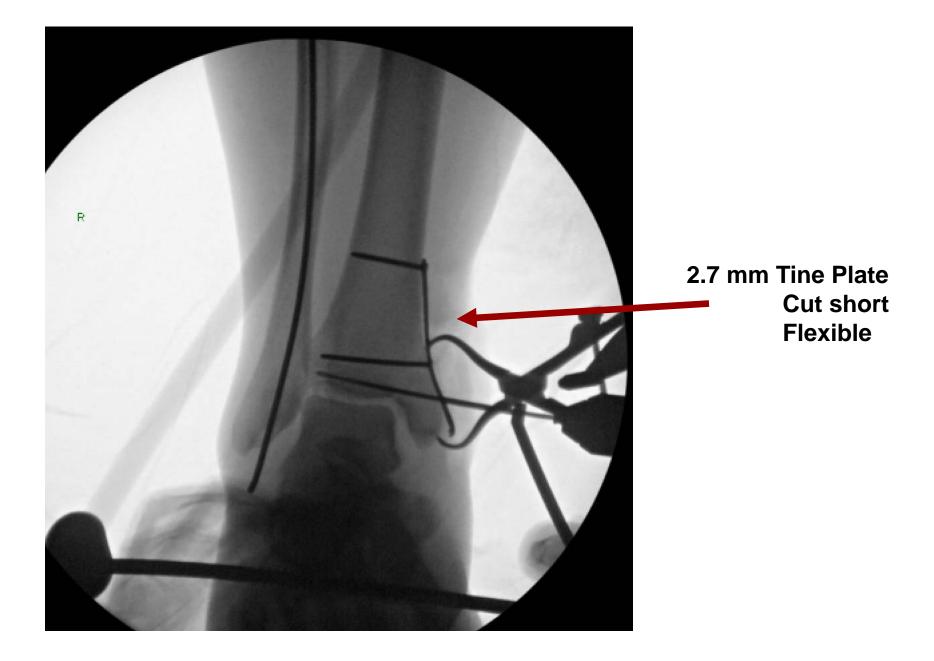




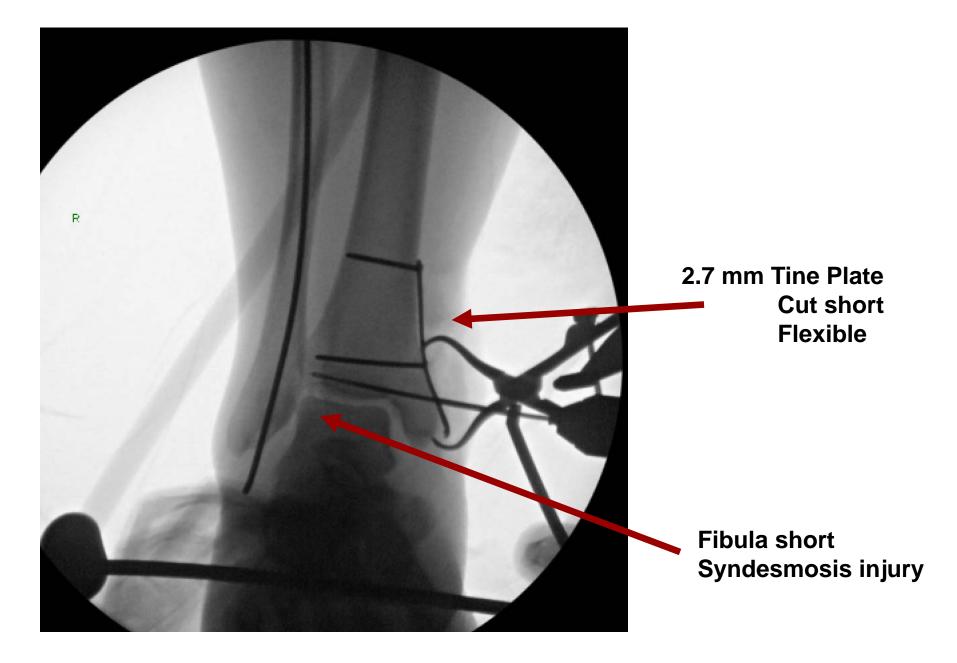
# DC: 32 yo m, bi



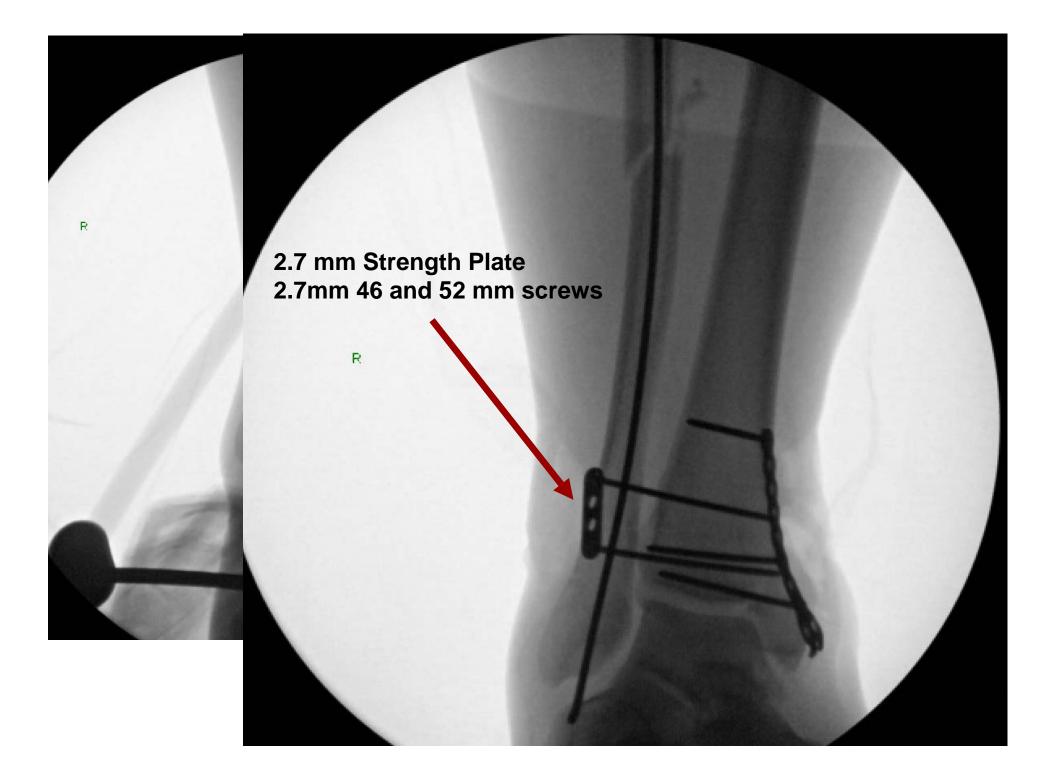










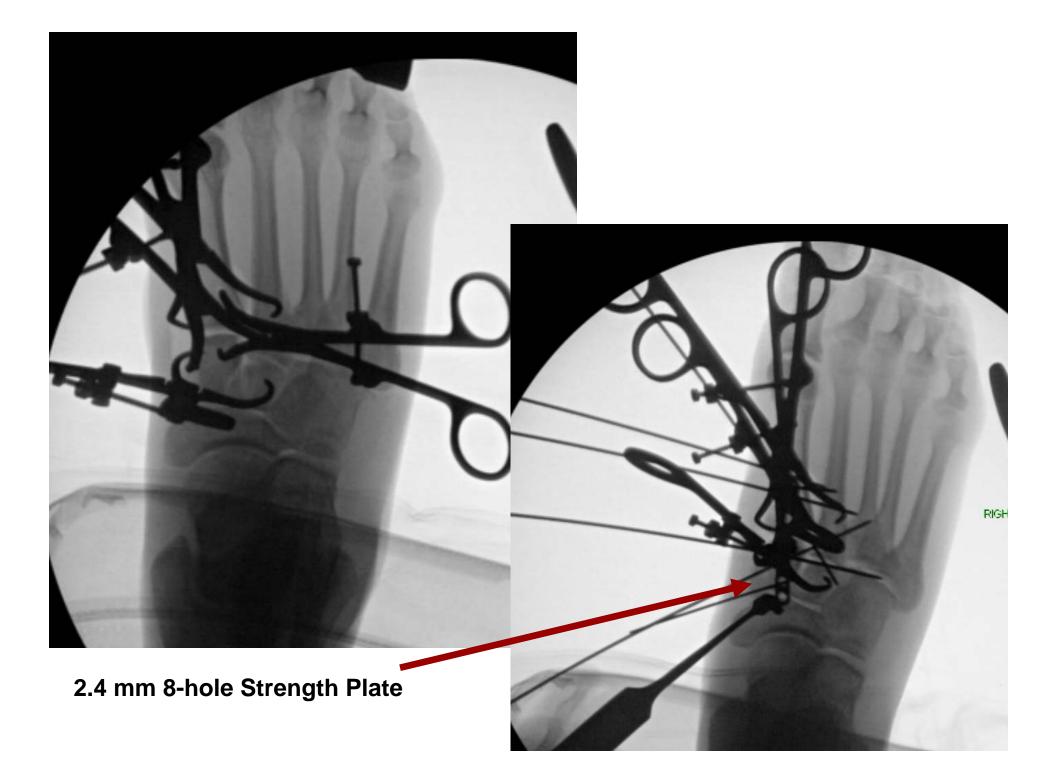


## CW: 26 yo f, MVC, foot pain

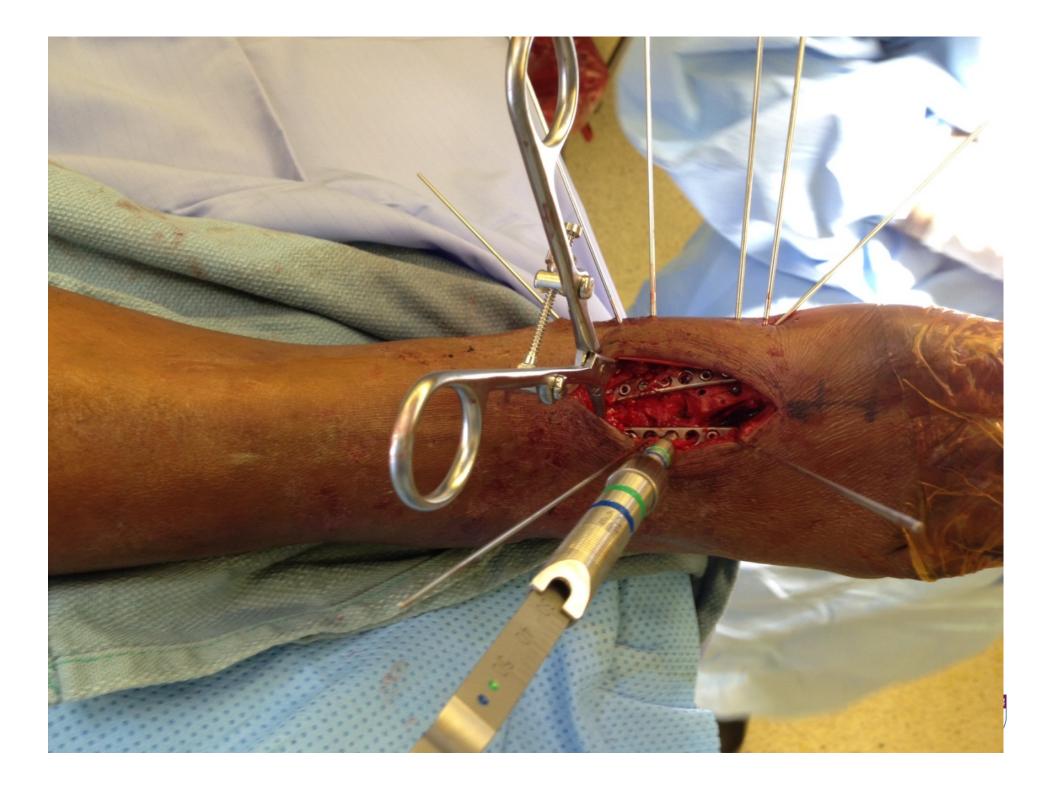


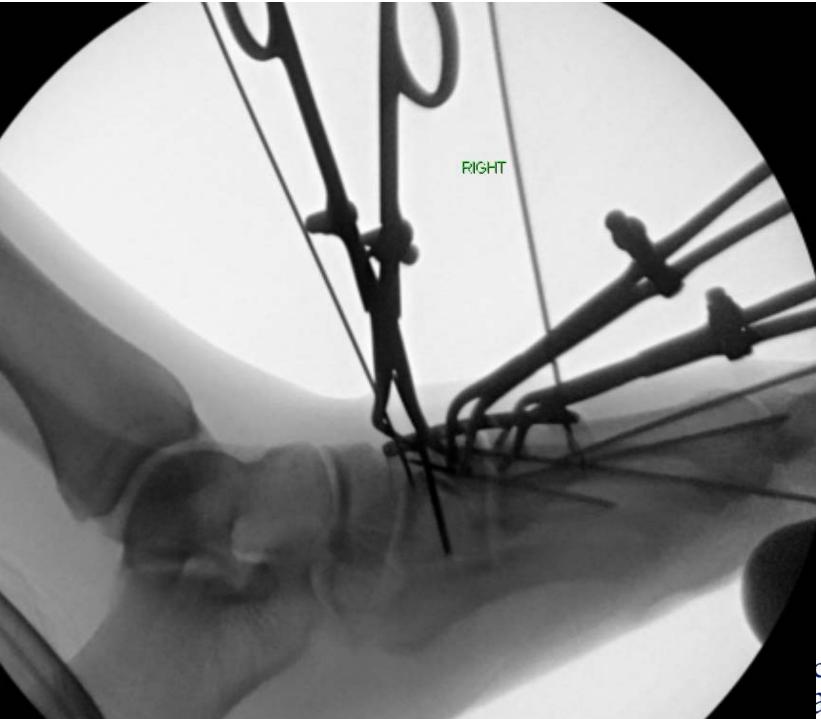








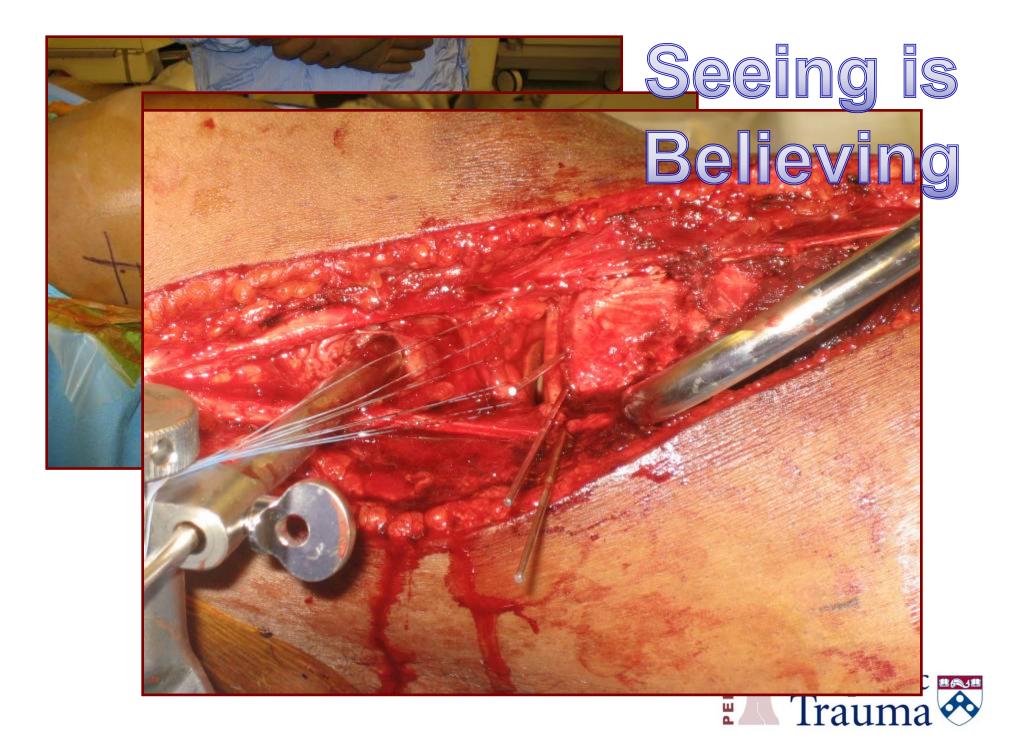




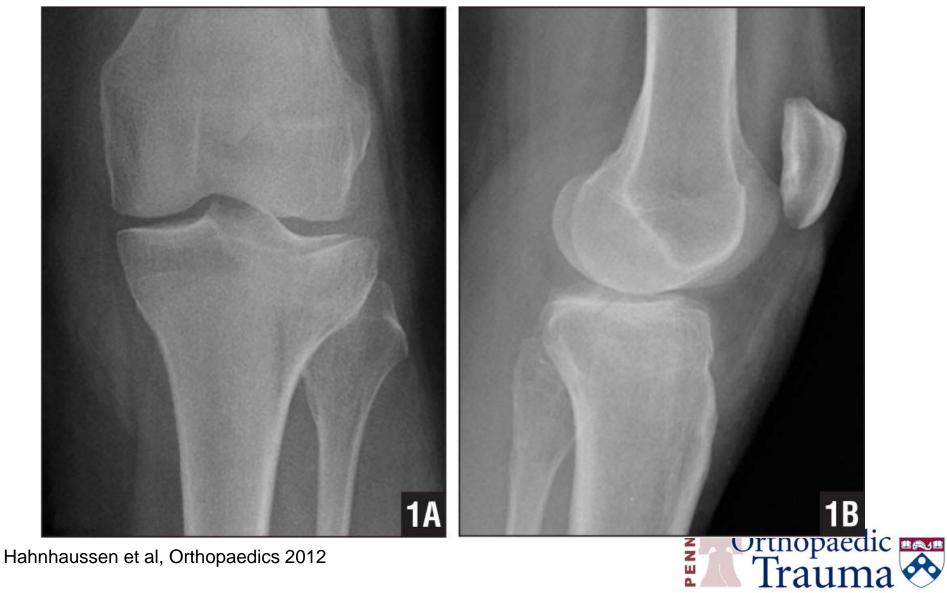


2.4 mm 8-hole Strength Plate2.4 mm 6-hole Strength Plate2.7 mm screws





### Percutaneous Osteoplasty



#### Percutaneous Osteoplasty

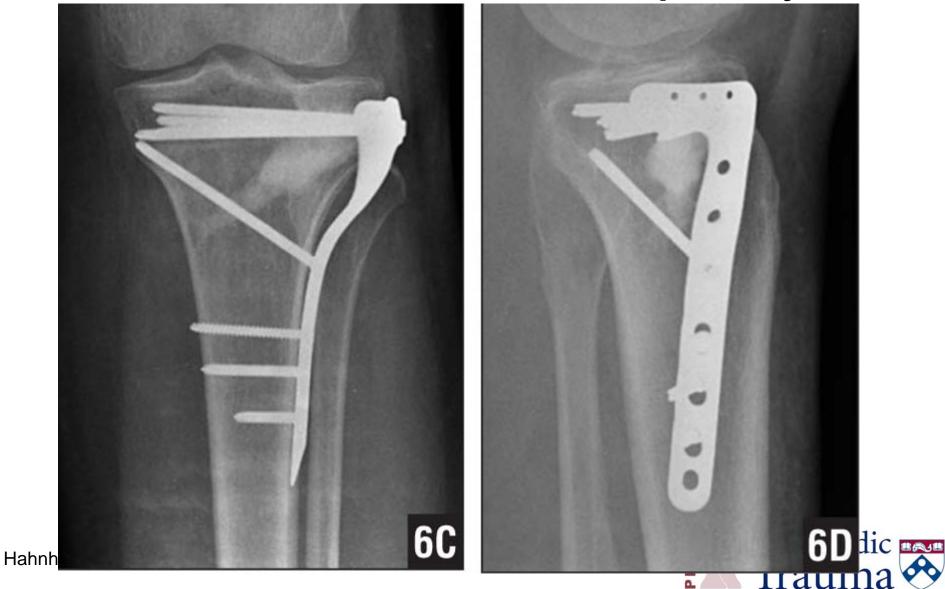




Hahnhaussen et al, Orthop



### Percutaneous Osteoplasty



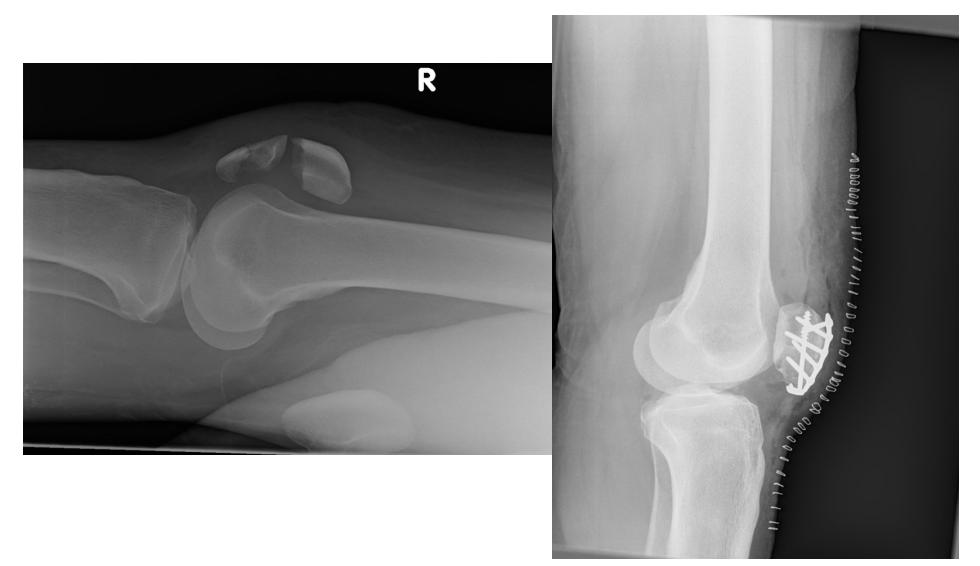
### Skiing in the Alps



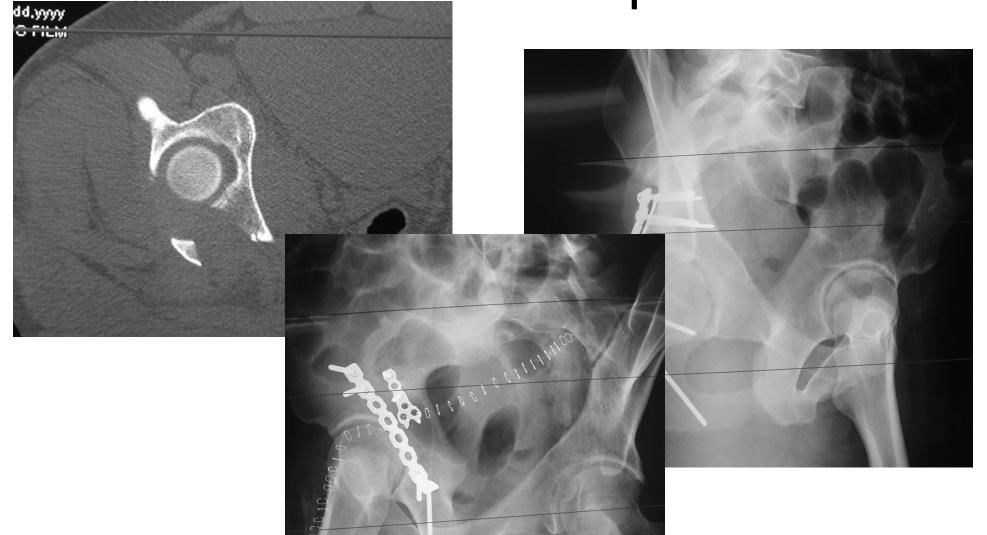




### Fall, Knee Pain



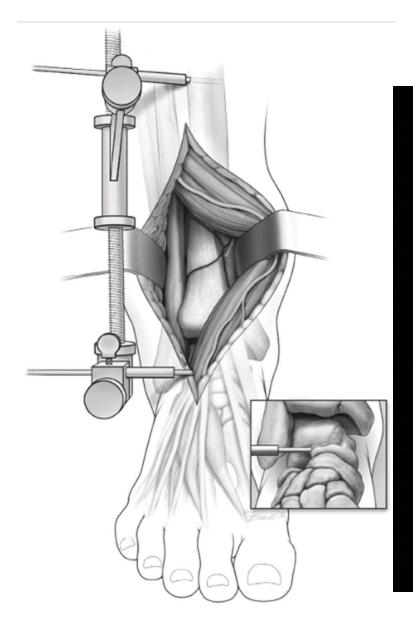
## Unstable Hip

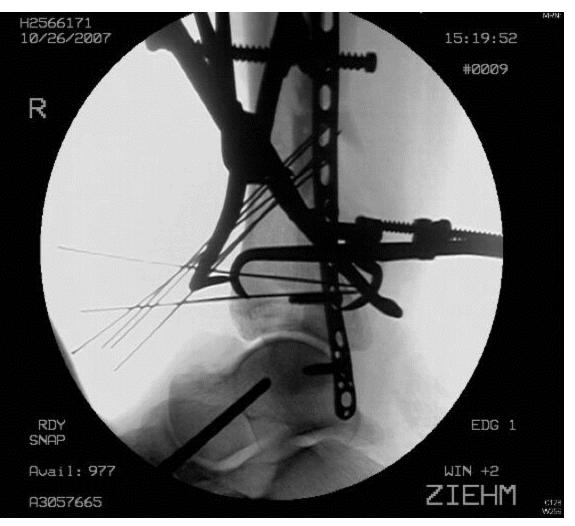


### To Fix or Not to Fix?









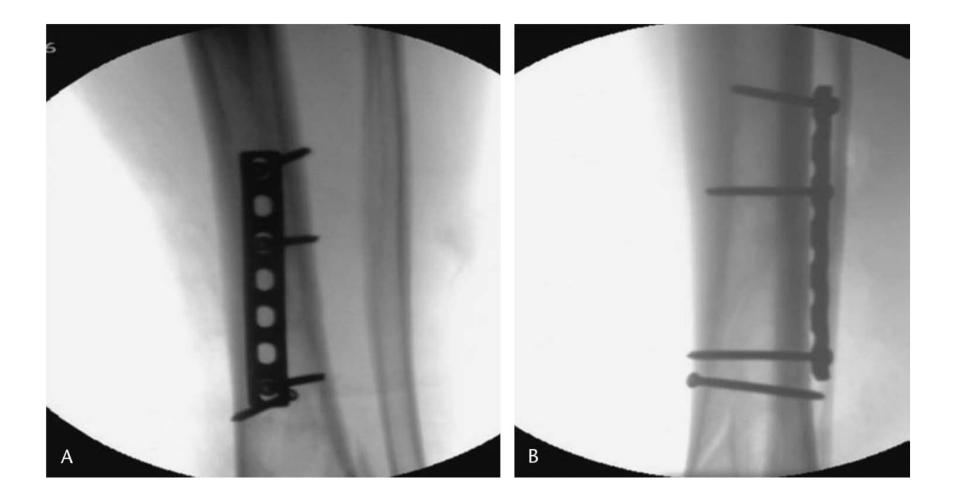




# Type C Pilon Fx



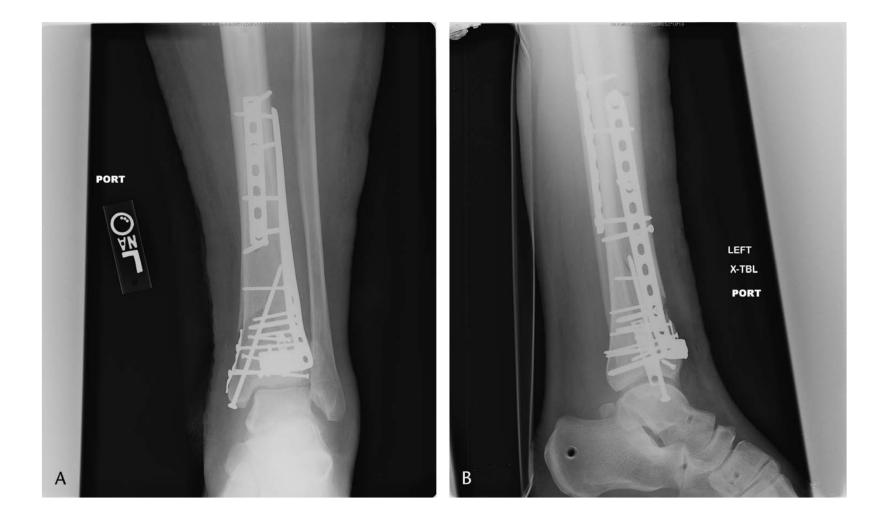
## **Short Segment Fixation**



#### Type B with Stable Posterior Block



#### **Final Product**





# **Accessory Articular Reduction**

- 1. Get it Right
- 2. Stable, Rigid Fixation
- 3. Direct Visualization
- 4. Distratction
- 5. Make it Easier for Yourself
- 6. Think Small



Lower Extremities^Extremity (Adult) 3D ANKLE Series #921 30 Ir



